

December- 2018

MUBS' Abenakyo Crowned Miss Africa



Quiin Abenakyo who completed her Bachelor's degree in Business Computing at Makerere University Business School (MUBS) and awaits graduation next year, made Ugandan history when she was declared Miss Africa at the 68th edition of Miss World 2018 which took place in Sanya, China.

She completed in the third position

at the global beauty contest and was named Miss World Africa. This was the first time for Uganda to reach the finals in Miss World history.

She exhibited confidence and eloquence while presenting her Beauty with a Purpose project about fighting teenage pregnancies in Uganda. Abenakyo was the only African in the final five

MUBS Donates Computer to Luzira Prison

Makerere University **Business** School has vowed to continue supporting and rehabilitate inmates from Luzira prison through business education as they serve their sentences.

Speaking to inmates while handing over computers to Luzira Prisons authority on November 6, 2018.

MUBS donated three computers to the inmates study center at Luzira upper prison.

The donations were delivered by the Dean Faculty of Entrepreneurship and Business Administration, Dr. Isaac Magoola who represented the Principal Prof. Waswa Balunywa, were part of MUBS' Corporate Social responsibility to rehabilitate inmates to make them better citizens when they return to society.

MUBS has been running a Diploma programme in and Certificate Small Entrepreneurship and Business management in Luzura prison since 2009.

Majority of the inmates who have graduated under the NUBS programme have transformed being society rejects to becoming useful citizens in the country.

Our Mission

"To enable the future of clients through creation and provision of knowledge

Our Vision:

"The benchmark for Business and Management Education, Research and Training in the region." Overall Strategic Goal:

Leadership in high quality programmes responsive to market needs.

CONTENTS

MUBS Donates Computer to Luzira Prison1
MUBS News in Pictures4
Global Entrepreneurship week launched in Jinja; Students Urged to create jobs8
MUBS Unveils Brick laying Machine9
Staff News
Faculty News
Students' news
Leadership with Prof. Balunywa16
Health News18
Sports19

MUBS-ICT SHORT COURSES FACULTY OF COMPUTING & INFORMATICS 1. Mobile Application Development-UGX. 200,000 2. Computerized Accounting Software (QuickBooks, Tally, Sun Systems, Navision) @UGX. 200,000 REGISTER NOWFOR 3. Programming languages (Visual studio, Java, C-JANUARY 2019 INTAKE sharp, Python)-@UGX. 200,000 (DURATION- 4 WEEKS) 4. Microsoft office suite application (MS- Word, Excel, PowerPoint, Access)-UGX. 150,000 5. Website Designing (Content Management System +Web Programming)-UGX. 200,000 6. Database Development-UGX. 150,000 7. Graphics + Multimedia Design-UGX. 200,000 8. Data Analysis tools (SPSS, AMOS, Vivo)-@UGX 250,000 CALL: 9. Computer Repair + Maintenance-UGX. 250,000 +256-700-163939 10.E-Learning Tools-UGX. 150,000

200,000

12. MS Project-UGX 100,000

11.Financial Modelling + Business Analytics-UGX



Editorial Team

Mr. Dennis Nuwagaba Lecturer- Department of marketing & International Business

Ms. Hamidah Babirye Nseereko Assistant Director, Principal's Office

> Ms. Annet Bukenya Administrative Assistant-Principal's Office

Ms. Sumaia Namuyingo Assistant Editor Publications Office.



Make the Holidays Productive – Parents

Holidays are a great time to bond with our children, but it can also be a stressful time when children can misbehave because of boredom.

We are nearly a month into the long holidays. Before we know, it will be February and our children would be back to school. This routine happens each year without fail and yet many parents struggle to successfully engage their children during this long holiday.

Children, on the other hand, are excited and are looking forward to this long holiday the entire year. They are a bundle of energy, too much energy in case they are younger, for parents to handle. What do we do as parents? What do we want from our child during this period? What does the child want to learn? How can we gainfully engage them during this long holiday?

Start by planning activities for each week in advance. If the children know they have things to look forward to, it will make for happier more relaxed children.

The children be should be involved in the planning. They will be less likely to complain about the activities chosen if they have taken part in the decision-making. Have a range of activities to select from, activities to do at home, in the garden those who have one, outdoors, and some activities that trigger the children into creative thinking and innovation.

Make the children responsible for their learnings and experiences and have them to share these often. A simple question like what they have learnt or enjoyed at the end of each activity or the week is important as it helps in giving them a sense of progress or achievement.

To quote a personal experience, I have four children in my home, on every weekend, we sit and discuss how we are doing on our holidays and what we had done for the week. We excitedly look forward to the next week's plan and again share that experience that same week. I find that such engagements not only serve as a wonderful opportunity to bond with children but also bring them a sense of continuity and purpose.

Erina Najjingo Editor

East African Anthem

Chorus Jumuiya Yetu sote tulinde Tuwajibike tuimarike Umoja wetu ni nguzo yetu Idumu Jumuiya yetu.

1.Ee Mungu twakuomba ulinde Jumuiya Africa Mashariki Tuwezeshe kuishi kwa amani Tutimize na malengo yetu

2. Uzalendo pia mshikamano Viwe msingi wa Umoja wetu Natulinde Uhuru na Amani Mila zetu na desturi zetu.

3. Viwandani na hata mashambani Tufanye kazi sote kwa makini Tujitoe kwa hali na mali Tujjenge Jumuiya bora

Ugandan Anthem

Oh Uganda! May God uphold thee, We lay our future in thy hand. United, free, For liberty Together we'll always stand.

Oh Uganda! the land of freedom. Our love and labour we give, And with neighbours all At our country's call In peace and friendship we'll live.

Oh Uganda! the land that feeds us By sun and fertile soil grown. For our own dear land, We'll always stand: The Pearl of Africa's Crown.

MUBS Anthem

Makerere University Business School Benchmark for Versatile Education Providing Knowledge and Skills Enabling the future of your clients

With Wisdom and Integrity, you Inspire Confidence You give Energy, Strength and Determination We uphold your Splendour

Enabling the future of your clients

Shaped by Intelligence, Loyalty and Vision Stand Tall and Strong with Courage In the Worldwide University Fraternity Enabling the future of your clients Makerere University Business School Enabling the future of your clients

Ms. Mariam Nakiggudde the coordinator of training activities at the career and Skills Development OMEN FORUM Centre with students from Namilyango College after the academic symposium that was organized by the Guidance Department of Namilyango college





Principal Prof. Waswa Balunywa (in a cap) at the launch of the Global entrepreneurship week in Jinja



MUBS Entrepreneurship Innovation and Incubation Centre won an award in the category of Institutional Partner at the Kafeero Foundation Annual Gathering at Serena Hotel on November, 23, 2018. The Centre was represented by a team led by the Director Diana Ntamu.



Ms. Irene Namutebi in yellow, Administrator in charge of Finance at the MUBS Jinja Campus at the launch of the Global entrepreneurship week in Jinja



Dr. Ahmed
Walugembe the
Assistant Manager
Career and Skills
Development Centre
(4th from the left)
with students of
Kitante Hill School
with their career
Master. This is was
during the School's
career day.



MUBS students at the Uganda research Institute for an academic tour.



MUBS Students were awarded certificates at the skills development training. The trainings are conducted by the Career and Skills Development Centre to prepare MUBS students for the job market.



Dean of Students Ms. Juliet Kategga and Deputy Principal Assoc. Prof. Moses Muhwezi in the keep MUBS clean campaign



Ayub Nandya, In Charge cleaning section,planting a tree in during the keep MUBS clean Campaign in October.



Guild President H.E Julius Ntende in black, joined the students in the keep MUBS clean campaign which was launched by his cabinet in October 2018.

ICT Training opportunities



The MUBS ICT Centre has organized a three (3) weeks hands on ICT skills training for holiday makers.

The target group include, primary seven leavers, senior one to senior six. (S1-S6). The training will take place from January 7-25, 2019 at the MUBS Annex, Bugolobi.

The Director MUBS ICT Centre, Mr. Charles Olupot said the training will cover two modules which include, Digital Skills and Microsoft Office Applications at 200,000/= each. Applications are open and forms can be picked from MUBS ICT Centre at MUBS Annex Bugolobi.

The 14th International Operations Research of Eastern Africa Conference

November 8, 2018 the Deputy principal Assoc. Prof. Moses Muhwezi led a MUBS delegation to the 14th International Operations Research of Eastern Africa Conference (ORSEA).

The conference was held the

theme "Promotion of an Inclusive and Sustainable Industrialization in Eastern Africa: Application of Operations Research."

Staff who attended the conference said interesting ideas came up as they deliberated on the developing

> visions in Africa through research and reflecting on the unique opportunities each East African country has.

> The conference is the premier operations research event in Eastern Africa and the conference participants in pants implementation



The MUBS Entrepreneurship, Innovation and Incubation Centre conducted a training for the MTN contract staff on Entrepreneurial Mindset.

The training was facilitated by the Centre Director Ms. Diana Nandagire Ntamu. The trainings aim to add value to the MUBS-MTN staff and promotes the spirit of entrepreneurship to aid their lives. The training was conducted on November 30, 2018



On November 17, 2018 Ms. Mira Clara, the IMF Country representative is presenting a report on the Regional Economic Outlook at the MUBS Economic Forum. Other people present include: Prof. Ochieng from the IDC, Mr. Francis Kamulegeya from PWC, Dr. Nkote, the Dean Faculty of Commerce, among other participants.



MUBS students participated in the kickoff meeting for the CFA East Africa challenge 2018/19. 7 Universities in Uganda will join other universities in Kenya, Tanzania and Rwanda. The best two teams will take part in the world challenge in that will be held in Switzerland.



The First Disability Awareness Day in MUBS



Mr. James Mwesigge, representing people with disabilities at the MUBS council addressing the gathering



Prof. Waswa Balunywa, Principal MUBS riding a wheelchair during the celebration of MUBS Disability Awareness Day.



Guild President H.E Julius Ntende screening for sickle cell anemia at the disability awareness day



Mr. Johson Ssekakubo, Head of Department Management Science joined in the dance during the Disability awareness day at MUBS.



Dean faculty of Commerce, Dr. Isaac Nkote joined in the Crutches race during the MUBS Disability Awareness Day which was held on Monday. November, 5, 2018 at MUBS main campus.

The School has put disability rights issues at the center of its activities. For this reason, MUBS Community held the Disability Awareness day Monday November 5, 2018. The event was organized by the MUBS Disability Resource and Learning Center (MUBS DRLC).

Held under the theme "A day in my shoes; celebrating diversity and awareness for persons with different abilities", the event was graced by the Principal Prof. Waswa Balunywa who delivered the keynote address, MUBS Council members, the Guild President, the minister for persons with disabilities, staff and students.

Revelers of the disability awareness day who called upon policy makers to lay a ground that would better the lives of persons with disabilities. The event featured a lot of activities which included; a white cane race, Crutches race and sign language training from UNAD, Sickle cell screening by Action Against Sickle Cell Disease, entertainment from students with disabilities and the deaf music & drama group from Kyambogo University.

Many believed the event was a mind opening & insightful.

Global Entrepreneurship week launched in Jinja; Students Urged to create jobs



Launching of the lobal Entrepreneurship week activities in Jinja

Hon Daudi Migereko, the Chairman of the Uganda Tourism Board has urged university students to use the skills they have acquired from higher institutions of learning to create their own jobs.

He further challenged them to engage in innovative ways of job creation and to use technology to improve on the existing businesses in the country. Hon. Migereko was addressing participants at the launch of the Global Entrepreneurship week in Jinja.

MUBS through its Entrepreneurship Innovation and Incubation Centre launched the Global Entrepreneurship week activities in Jinja on November 14, 2018 with a conference under the theme "Connecting Women, Youth and the Ecosystem" at the Civil Service College Jinja.

The team from First African Bicycle Information Organization, (FABIO)

made a key-note speech at the conference about FABIO which uses a Bicycle as a tool for social and economic transformation.

Several innovations on e-bikes and the bicycle ambulances were also presented at the conference.

The founders of the MUBS Entrepreneurship Centre, and a visiting Professor at MUBS Prof. Peter Rosa made a presentation about the future of entrepreneurship in Uganda at the conference.

At the same Mr. Abey Mutumba a Lecturer in the leisure and hospitality Department opened the participants our eyes to the true meaning of franchising as a business start-up and growth strategy.

The Global Entrepreneurship Week was launched with a match, accompanied by a band, in Jinja town. Creating awareness of the 2018 Global Entrepreneurship Week.



FABIO which uses a Bicycle as a tool for social and economic transformation.



Hon Daudi Migereko, the closing of the conference



Entrepreneurship Innovation and Incubation Centre addressing the participants



Mr. Abey Mutumba, making a presentation on franchising

MUBS' Ssembuya Scoops Social entrepreneur category Award

A pioneering young entrepreneur and MUBS alumni Mr. Stephen Ssembuya, has been named the winner of the Pakasa 2018 Youth Awards, social entrepreneur category. Ssembuya of Pink Ltd, whose chocolate Foods manufacturing business has transformed the community in his home district of Buikwe where he runs one of the biggest cocoa farms in Africa

He was among this year's top five winners of the Pakasa Youth Awards who were unveiled and awarded at Golden Tulip Hotel in Kampala on Monday on October 29, 2018. The Pakasa Youth Awards are an initiative of Vision Group aimed at inspiring a mindset change among the youth to regard



Mr. Stephen Ssembuya,

entrepreneurship as a viable source of income.

This social entrepreneur category recognizes individuals with innovative solutions to society's most pressing social

challenges. This category includes consideration for profit and not-for-profit ventures, and youth leaders/activists in the social and political realm. They have used entrepreneurial principles to organise, create and manage a venture or campaign to start positive social change.

The event was graced by the Chinese Ambassador to Uganda Zheng Zhuqiang who urged the winners to use their stay in China to learn best business practices from young Chinese entrepreneurs.

Ssembuya graduated from Makerere University Business School with a bachelors degree in Human Resource

MUBS Unveils Brick laying Machine

As part of the global Entrepreneurship week, the MUBS Entrepreneurship, Innovation and Incubation Centre introduced a innovations from the centre including which included a brick making machine, a machine used for making concrete bricks.

While unveiling the machine at the Centre's premises at MUBS main campus, the Director Ms. Diana Ntamu noted that brick Making, originally a reserve for the rural poor, is steadily becoming one of the most Lucrative Businesses in the urban areas. The Industry has been boosted by the equally booming construction industry.

This was a head of Leap Conference,



Brick making machine

2018 which is one of the key events in the Global Entrepreneurship Week celebrations in Uganda was held at the MUBS main Campus, Nakawa.



Participants at the Leap Conference



Mr. Cuthbert Isingoma addressing the participants

MUBS RBS MURBS Declares 5% Return to Members; thoughts about the Scheme

The Makerere University Business School Retirement Benefits Scheme (MUBS RBS) has declared a rate of 5% return to Staff members for the financial year ended 2017/2018.

This was revealed during the 5th Annual general meeting that was held on November

16, 2018 at the MUBS main campus, Nakawa.

The scheme was started in 2012 with the sole purpose of providing



Mr. Joseph Mukasa

financial security to its staff after retirement.

According to Chairperson Board of Trustees: Makerere Business University School retirement Benefits Scheme, Mr. Joseph Mukasa during financial year 2017/2018, the value of the scheme was at million shillings

compared to 3.6 billions shillings for the previous year 2016/2017. He attributed the scheme growth to the increased saving of members.

It is terrible being old and poor

I think there is need for the MUBS RBS Board of Trustees to train members of staff who are about to clock the retirement age on how to properly budget for their retirement benefits as they prepare to retire. The training should focus on sustainable investment ideas and viable options of securing retirement income. Staff should start thinking of retirement as soon as they receive their first appointment letter

Erina Najjingo

There is need to understand the importance of saving

There is need for staff to understand why they should save now and take action to save. If there is a chance to increase our savings, we should do it because this the money we shall need tomorrow when we do not have any other sources of income. The Scheme is helping us to invest the money we are saving now, so in future we shall get more than we are saving. Unlike NSSF, the moment one quits service they can, access their money

Mr. Frederick Rwakyaka Public Relations Office

It is terrible being old and poor

For many workers, especially civil servants retirement comes as a shock that is hard to contain. Workers who fail to accept the reality of retiring fail to develop a strategic plan for their money and may suffer personal life mishaps due to poor retirement planning. We need to have a solid plan for our desired lifestyle after retirement,

people need to think of an income that will sustain them and be able to cater for both their insurance and medical needs. The more we age, the more we are susceptible to suffer from different illnesses. We should not look at our children as some form of insurance strategy.

David Basalidde Administrator

Invest wisely

People should always invest in businesses or services in which they have experience or knowledge. Working in a business school does not guarantee that one can run a business. People need to invest wisely, ensure that the business or investment idea they are undertaking is in line with their knowledge, experience and interest in order to avoid severe losses

Ibrahim Mulege-Staff in PRO

Risks involved in investing

The risk of using retirement benefits to invest in a brand new business after retirement. If a person has not managed any successful business throughout his or her working life, would it be prudent for that person to invest his or her retirement benefits in a new business after retirement?

Rebecca Atim, Administrator

Staff encouraged to join SG4Africa Research

The Associate Dean Faculty of Graduate Studies and Research Assoc. Prof. Vincent Bagire has called upon MUBS staff to join the Saving Groups in Africa research team (SG4Africa). SG4Africa is learning and research consortium created by the Africa Academy of Management.

Prof. Bagire, who is a member of the Africa Academy of Management explained that, the project explores savings groups such as women empowerment and women in business, business outcomes and entrepreneurship, urban and rural contexts, formal financial institutions and financial inclusion,



Assoc. Prof. Vincent Bagire

social capital and social inclusion. The data analytical framework will include; ecosystem, lower and middle income and institutions.

MUBS Staff Pray For Students Ahead Of Exams

On November 16, 2018, the MUBS community under the umbrella, the Chaplaincy Imam Forum held dedication prayers for students ahead of their end of semester one examinations. They prayed for the students to succeed in their forth coming examinations that kicked off on November 19, 2018.Dr. Julius Twongyiire gave the keynote address and explained the meaning of success, which he refereed to as identity in society and that it is best aligned to one's closeness to GOD.

Staff who will be graduating with PhDs in 2019

The Faculty of Graduate Studies and Research has announced a group of staff who will be graduating with PhDs in 2019. This was after the staff successfully defended their PhD work, they include;

No.	Name	Department	Awarding Institution
1	Charles Kawalya	Human Resource Management	Makerere University
2	Gideon Nkurunziza	Management Science	Makerere University
3	Walugembe Ahmed	Marketing and International Business	Makerere University
4	Josua Gukiina	MUBS Jinja Campus	Makerere University
5	Hassan Bashir	Business Administration	Makerere University
6	Denis Nuwagaba	Marketing and International Business	University of Nairobi.
7	Abaliwano Joyce	MUBS Jinja Campus	University of Dar-Es-Salaam
8	Ambrose Aheisibwe Rwaheru	Accounting and Finance, MUBS Regional campus Mbarara	University of Dar-Es-Salaam

Faculty celebrates Excellent Students

The Dean Faculty of Management and Public Policy Dr. Annet Nabatanzi K. Muyimba has called upon students to strive for excellence. She explained that Excellence requires setting high standards, vigorously pursuing them, and eventually significant realization of high achievement.

She was addressing the out standing performing students at the Faculty's Academic Excellent Awards 2018 held on November 15, 2018 at the MUBS main Campus, Nakawa.

The Faculty recognized the

students who were on the Dean's and Chancellor's list for the three years of their study at MUBS and continuing students.

To the continuing students she encouraged them to maintain the grades by working harder and smart but above all to stay focused and balance between books and fun.

Those awaiting graduation, and soon joining employment, she said their attitude and ability to perform tasks is very key because they determine their an individual's success.



Dr. Annet Nabatanzi K. Muyimba with one of the best performing students

Have positive network: Dr. Kayongo

"Making it to the Dean's and Chancellor's list does not mean that you have made it in life. Endeavor to have positive networks that will help you to maintain at the top," said Dr. Isaac Kayongo, the Head of Department Leadership and Governance under the Faculty of Management and Public Policy. He was addressing the outstanding

performing students at the Faculty's Academic Excellence Award ceremony.

He also advised the students to always put GOD first, pray and never let anybody set an agenda for them, emphasizing that God first plus hard work and persistence, they will go places.



Dr. Isaac Kayongo, giving out certificates

Good performance does not stop at University: Dr. Byarugaba

"Celebrating your success is our success as Lecturers, however, as we celebrate your academic achievement, always keep in mind that success does not end in School. This is just the beginning, of writing your legacy, that society will remember you for", said Dr. Jolly Byarugaba,

She is the head of department Human Resource Management in the Faculty of management and Public Policy. She was addressing students at the Faculty Academic excellence awards. She advised the student to always reflect on sustainability on a daily basis. "Many have tried but they have not made it this far like you have. It is not that they are weak but we all have different challenges and goals in life. Ensure that you are an eagle that flies higher everyday", she advised

Dr. Byarugaba also asked the students to assist those who week because if we succeed together then the world will be a better place for us to live.



Dr. Jolly Byarugaba giving out certificates

FEBA recognizes out standing performing students

The Faculty of Entrepreneurship and Business Administration held its annual Academic excellence Awards where students were recognized for their out standing performance. The awards were held on November 15, 2018 at the MUBS main campus Nakawa.

The Faculty Dean Dr. Isaac Magoola asked the students to work smart and fast both in and out of school. "Working smart and fast helps one to deliver results on time, which is key in the world of

employment", said Dr. Magoola.

He also asked the students to be disciplined in every aspect of life. "Hard work can get you to the top but character will keep you there, so always remember to be disciplined no matter the position you hold in society, "he emphasized

Dr. Magoola further advised the students on the love for quick money. Do not rush for riches but rather, work hard and you will get there gradually."



Dr. Isaac Magoola, giving out a certificate to a student

Maintain the MUBS Brand

"Being a good academic performer is an A but being with a good reputation on top of this performance is an A+," said Dr. Hassan Bashir; Ag. Head of Business Administration Department.

He was addressing the out standing performing students at the Faculties Academic Excellence awards ceremony.

Dr. Bashir commended MUBS students for being disciplined and exemplary at during internship and at their work place for those who are

in employment.

He noted that it gives the School pride and joy to hear that its students are performing well wherever they are.

We commend you for keeping the MUBS brand high and we shall not get tired of reminding you to maintain it. You are MUBS' ambassadors so please do not tarnish the MUBS brand. Raise the MUBS flag higher for the society loves to associate with it," said Dr. Bashir.



Dr. Hassan Bashir handing over a certificate to a student

Be focused as you begin to write your history

"The award you are receiving today marks the beginning of you writing your history. But as you write it, be focused on what you want in life," said Dr. Ernest Abaho, the Head of Department Entrepreneurship.

Dr. Abaho challenged the students to always consult with the Lecturers in any case of any academic assistance and desist from behaves that can tarnish their studies.

He further advised them to have positive friends around who will not only be helpful in discussions but also remind them to attend lectures, and help them to achieve more in life. Above all he advised them to avoid things that do not add value to them.



Dr. Ernest Abaho and Ms. Maureen Mukoda at the award giving ceremony

MUBS Regional Campus gives career talks to Secondary students



Mr. Diaz Kadugara, in a group photo with students of Kitagata secondary School

The MUBS - Mbarara Campus in conjunction with the students' leaders organized career guidance visits to Kashaka Girls Secondary School and Kitagata Secondary School in Mbarara district. Mr. Diaz Kadugara, an Administrator at the campus, presented about MUBS programmes and how one can qualify to study at

MUBS, how to excel in academics and outside academics, what to expect at university and how one could position him/her self after University.

Conducted on November 6, 2018 Mr. Kadugara warned the candidates against any attempt to cheat exams. The Success Cards from MUBS excited the candidates.



University students in Uganda face various sexual and reproductive health risks especially those living in hostels. To address this challenge, the MUBS- Mbarara Regional Campus Integrity Ambassadors club hosted the Inter generational dialogue on November, 2, 2018. It was held under the theme "Inclusive Intervention and

meaningful engagement of young people as the driving force for HIV/ AIDS awareness and prevention". The dialogue was attended by the Director Education, Public Awareness, Inspectorate of Government Mr. Rwereeza Jossy Jules and students from various universities in the region.

Students undergo Digital **Training**



On November 1, 2018, the MUBS Entrepreneurship Innovation and Incubation Centre in partnership with Kafeero Foundation conducted a one day digital skills training for the students at the regional campus Mbarara. The training was conducted in conjunction with the MUBS Mbarara Innovation and Incubation Center The training was facilitated by Alex Bwogi who emphasized that the world is going digital as well as the jobs. He therefore encouraged the students to fully embrace digitization and the internet as the widest market place for jobs and businesses.

MUBS Alumna reaping from Entrepreneurship



Shillo Kezimbira a former MUBS BCOM student and now entrepreneur is earning big from fashion designing, music and real estate business. She is also the founder of Shilloh Foundation and Bleak bar and lounge located in Kyaliwajjala. Other than that, she is a professional accountant and a researcher. Shillo is also in charity and helping the helpless through her foundation.

Catholic community handover party



On October 8, 2018, the MUBS Jinja Campus Catholic community had their handover party at the MUBS YMCA grounds . The outgoing handed over power to the incoming committee, who were reminded to carried out their duties with diligence and self reliance to serve God. We congratulate the new committee for having taken over leadership, and also thank everyone who attended and made sure that the MUBS Catholic party was a

Students' academic tour to Western Uganda

MUBS Tourism students have embarked on a campaign to boost domestic tourism by visiting the various tourist attractions in the country as a way of encouraging other Ugandans to follow suit. The visits are also part of the coursework tests for Principles of tour guiding course unit. The students gain the quired skills in area of tour guiding.

On November 1, 2018 the student under the guidance of their Lecturer Dr. Celestine Katongole visited various tourist attractions which included, Entanda tourists sits in Mityana district, Semiliki national park in Bundibugyo, Queen Elizabeth national park and the Igongo cultural cite in Mbarara district.



Students at Murchison falls



Students learning to prepare Mpombo, the traditional Kiganda way of preparing sauce in banana leaves



Students learning about the traditional Kiganda way of serving food at Entanda

Students start exams; warned against cheating



MUBS students started writing their end of semester examinations 2018/ 2019 on Monday, November, 19, 2018 and will end on December 8, 2018.

The School Registrar Ms. Eldred Kyomuhangi- Manyindo advised the students to be at the examination venue at least 30 minutes before the scheduled time indicated as the starting time.

She also emphasized that any student found guilty of examination malpractices would be suspended indefinitely from the University. Any staff involved in leaking exams to students will have broken the rues and regulations and will be subjected to the regulations of the School.

"You have worked very hard through out the semester to prepare for the examinations, I therefore wish all of you, the very best of luck in your examinations", she said...

Security tightened as Students do exams

Security will be tightened in MUBS during the end of semester one 2018/ 2019 exam period, said the In-Charge of MUBS security on Monday November 19, 2018.

Mr. Ibrahim Ojuku; said security personals will be deployed in all examination halls not only to check out any cases of non students in the examination rooms, cheating who react push the invigilators out of the way and run for their dear life but also to guard the students' property.

Often students would lose their handbags with their valuables to the idlers who would take of the examination period and the students bags from where they are kept.

The Audacity To Lead



Prof. Waswa Balunywa

UBS through the Leadership Centre organizes monthly a Leadership Development session students in leadership positions at both graduate and undergraduate levels. They had one on November 3, 2018 where the Principal Prof. Waswa Balunywa addressed them on the topic "the Audacity to Lead".

He started his address with a quote by Peter Drucker, a one time leading management guru, who once said "the world has been training leaders for years and yet the world was still short of leaders". He was right, if the world had all the leaders it required it would be a better place. When you see a successful organization there is usually an effective leader behind it, this is true of nations too.

There are few people who are born with Midas Touch of leadership. They have charisma, they have what it takes to lead and indeed they lead others, but these are very few. Others find themselves in leadership positions through appointment, elections or even just circumstances and they succeed as leaders although some fail. Others are trained while in those positions or for those positions. When Drucker said the world is short of leaders indeed it is because if they were in abundant supply we would have a utopia

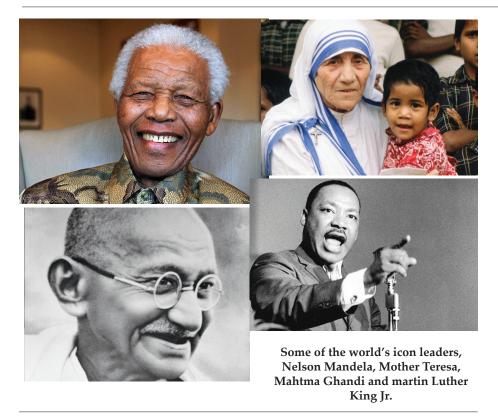
But you can choose to be a leader. It therefore raises the question "Do you the audacity to lead"? Are you bold enough? Are you curious enough? Do you have the tenacity? Do you have what it takes? Do you feel empowered to take leadership? Those that do have the Audacity to lead.

The world has seen military leaders take leadership in countries, they have the audacity to do so because of the coercive power they have. In the political arena, groups wrestle for power because the ground is

set for it. Individuals may be bold enough, and have the audacity to stand for presidency, members of Parliament, Mayorship or other position, they feel they have the power. Those with the audacity to lead feel they can go out in a vacuum and take and provide leadership.

A few world iconic leaders have done so taking it upon themselves to take and provide leadership. Mahatma Gandhi had the audacity to lead India to independence. He had no formal position. He just had the courage and passion to do what he did. This follows his experience on a train in South Africa. Martin Luther King took leadership in the civil rights movement in USA to get rid of racial discrimination. He had the audacity to lead. There a few such people but how do they do it?

A few simple things that must happen for one to have the audacity to take leadership. The first condition is getting rid of ones fear. We are all afraid of something, some



people are afraid of spiders! Others are afraid of animals like goats, cats, cows! Of course we all fear wild animals. There are some people who fear men or women. Some people fear to speak in public. This fear is a limiting factor. It inhibits us. Getting rid of this fear is the most difficult thing. Fear is the key to creating a change that we want, is a key to taking leadership. Over coming fear gives you the audacity to lead. While overcoming fear is most important, you cannot get the Audacity to Lead If you don't know where you are going "Vision", Vision is the key ingredient of leadership. It is people who know where they want to go that take leadership and try to get others to follow them by sharing the vision. Vision is a picture of the future, a picture of what one wants to achieve and what one wants to see, wants to do. To succeed as a leader, vision is crucial. You must know where you want to go. For you to get boldness to lead you therefore

need to know where you want to go.

The other condition for the audacity to lead is for you to be able to inspire people. You will be able to inspire them if you have a good story to tell. If you have some where to take the people, you must know their needs, what do they want?. You can only inspire

"To be able to take leadership therefore you need knowledge, you need a calling, and you need to understand the needs of the people you are leading.

people if they are able to buy into what you offer them. When you inspire people you influence them because you have power, which power emerges from the position, knowledge, resources and a legitimacy created by what one has or has started or lives with. But there is need for congruence and willingness, congruence is merging objectives of those who are led and the leader. Willingness is the followers being convinced by what the leader says and acting on it. If your vision agrees with people's needs you will inspire them to follow you.

Adolf Hitler, the Chancellor of Germany during World War II was able to convince members of the Nazi party to kill millions of Jews because he inspired them. But be careful about inspiration! Inspiration may come from fear rather than general acceptance of the views and thinking of a leader. To be able to take leadership therefore you need knowledge, you need a calling, and you need to understand the needs of the people you are leading. Besides knowledge, one needs skills of leadership.

Leadership skills are not bought from a shop! They are acquired over time. One may have them without being a leader but once a person take leadership position, it is important for these skills to be acquired. Skills will justify your boldness in taking up leadership. Skills will give the legitimacy that you require to be in leadership. They strengthen your boldness to lead. The world is indeed short of leaders, the world needs bold people who have the vision to create the transformation required in their societies. These individuals must have the Audacity To Lead.

What Happens to Your Body if You Eat Ginger **Every Day**



Ginger has been used as a natural medicine for several years, It has been proved that the consumption of ginger lowers cholesterol which leads to reduced risk of heart disease, hypertension and stroke.

also fights the common Ginger colds because has anti-inflammatory properties and contains antioxidants. Gingerol, the bioactive substance in fresh ginger helps reduce the risk of infections.

Many have testified that ginger relieves nausea during pregnancy and after surgery and for those who want to lose weight ginger can help you do so. Though it can not single-handedly shed off weight, it is a great complement if you want to keep in shape. It is easier to resist hunger if you eat or drink ginger in the morning.

Keep health with Lemon tea

Lemon tea is very popular. Some people drink it simply because they prefer the taste, but prefer it due to its health benefits.

People who drink lemon water or tea daily have reported easier weight loss. This is because the refreshing lemon flavor adds zero calories to the tea.

Any one who enjoys lemon tea and they are struggling to cut off some kilos, then incorporate it into a weight loss plan that includes a reduced-calorie diet and exercise.

Lemon has natural tartness, thus one can add lemon juice instead of sugar in the green tea. This makes one consume fewer calories and helps regulates body weight. This



way, lemon helps to reduce sugar consumption.

Lemon tea also helps to reduce overeating. Lemon has vitamin C and reduces cortisol level. Cortisol is a stress hormone which promotes hunger, a cup of lemon tea helps to reduce the stress and also control overeating.

Drinking Apple Cider Vinegar Daily

Apple cider vinegar, it is tasteless and yet drinking it, is drinking out of a fountain of youth. It eases stomach issues due to its apple pectin fiber which soothes the gastrointestinal tract, guarding against bloating, gas and stomach cramps. It is also a solution to constipation. Apple cider vinegar, has the ability to help the pH balance in the body, particularly the hair and skin. Dilute it with water, and spread it over the face after washing at night, and in the morning before applying any moisturizer. For the hair, dilute some in a spray bottle and spray on the hair in the shower. It is also good in preventing Candidiasis, commonly known as Candida,

Garlic a sleep aid.

One of the most surprising uses for garlic is as a sleep aid. It contains allicin, a sulfur compound that gives garlic its notable smell. Smelling that sulphur compound allicin makes one drift off and stays asleep all night.

It sounds strange but many people who suffered from colds and used it say it works. The smell clears the blocked nasal passages and therefore improve breathing.

It is believed that people who sleep with garlic under their pillows get sick less. The allicin in garlic blocks two groups of enzymes responsible for the ability of infectious microbes to invade and survive in the body.



University Football league 2018 ended in style



The University football league 2018 session ended in style at Kati kati restaurant, Lugogo in Kampala.

22 awards were given out as the University Football league ended their season with a mega party at Kati-Kati in Kampala.

Kyambogo University emerged the defending champions of the 2018 league after defeating Kampala University 3-2 in post-match penalty mark kicks following a 2-2 draw on November 10, 2018.

Kampala university's coach Vincent Tumusiime was named the best in his category for his performance and role in promoting the league.

Racmac Ashaba from kyambogo University walked home with the Most valuable Player gong as Isaac Ogwang scooped the golden boot for his nine strikes.

MUBS stays top of beach soccer league

Although they dropped two points, MUBS remained top of the table in the National Beach Soccer League. MUBS played to a 3-3 draw with KIU over on November 4 2018 ,to move to ten points.

Entebbe Sharks lost 7-2 to St Lawrence, while Stormers beat Nkumba University 7-4.

Roch who was last season's top scorer with 24 goals scored ten goals as Isabeti defeated Bishop Stuart (7-2) and Entebbe Sharks (8-2)

Isabeti beat KIU 8-3 in the final



to walk away with the men's title, while Muteesa 1 Royal University was declared the champions in the women league after topping the table with 30 points.

Uganda ready for the East African University Games 2018

With MUBS and other universities in Uganda showing they are ready for the 11th East African University games (EAUG) all participating teams are expected to be at the sports village by Sunday December, 16, 2018. The games will be hosted by the University Of Dodoma in Tanzania. The games will run from December 17, 2018 and will be crowned with awarding of participating teams on Thursday December, 21, 2018.



Makerere University Business School (MUBS) ICT Centre

3 Weeks Hands on ICT Skills Training for Holiday Makers (P7, S1-S6)

The Course will cover two Modules

Modules	Outcome			
Module I: Digital skills; This module is intended to equip holiday makers with practical skills on how to productively use Internet and social media.	At the end of the training, holiday makers will be able to; ✓ Use internet as a learning resource ✓ Build an online individual and business presence ✓ Stay safe while using internet			
Module 2: Microsoft Office Applications This Module is intended to equip holiday makers with most relevant MS Word, Ms Excel and Power Point productivity tools.	At the end of the training, holiday makers will be able to; ✓ Generate documents including Curriculum Vitae, Flyers, Posters, Invitation Cards ✓ Format a report ✓ Print various forms of documents ✓ Conduct basic computations using spreadsheets ✓ Create and make a presentation in Power Point			
"Come and get Digital Skills for the 21st Century"				

"Come and get Digital Skills for the 21st Century."

Contact Hours;

09:00 am - 01:00 pm (Class Sessions)
02:00pm - 04:00 pm (One on One Support and Individual Practice)

Venue:

Makerere University Busniess School (MUBS) Annex, Faraday Road, Bugolobi P.O.BOX 1337, Kampala-Uganda

Date:

7th - 25th January 2019

Amount:

200,000/-

Contacts:

Mobile: 0701 042239 / 0774 330137

Whatsapp: 0712 943039 / 0774 330137 / 0779 210960

Web:www.ictcentre.mubs.ac.ug En

Email:ictcentre@mubs.ac.ug

@MUBS ICT Centre

MUBS ICT Centre