



The MUBS NEWS LETTER

January - 2019

MUBS Simultaneously Leads at MAK Graduation



Ms. Hajarah Ali Namuwaya receiving her plaque from the Chancellor; Prof. Ezra Suruma

Ms. Namuwaya Hajarah Ali has made MUBS proud by emerging the Best Student in Humanities and also doubling as the Best Overall Student at the 69th Makerere University graduation. MUBS has consecutively produced the Best Overall and Best Student in Humanities for the sixth time. Namuwaya graduated with a

Bachelor's degree in Business Computing (First Class Honors), scoring a CGPA of 4.94.

She was recognized for her outstanding academic achievement by the Makerere University Convocation on January 17, 2019. She received a cash prize of shs 1,000,000 (one million shillings), a plaque and souvenir items.

Teaching Timetabling for Semester Two

As second semester academic year 2018/2019 began, different Faculties in the School held timetabling meetings. These meetings are aimed at planning for academic activities in the Faculties which include teaching. Here, the Lecturers in these faculties meet with the Heads of Departments, Dean, Department Timetable In Charge and their colleagues to plan on how lectures will be conducted in the course of the semester.

The different Faculties meet to help eradicate clashes during timetabling, over loading a particular individual with a lot of teaching hours, ensuring that the people placed to teach a particular program can actually handle and are also meant to teach the program. This exercise also helps the teams to be able to work together towards achieving the Faculty's set academic goals for the semester.

The teaching timetable is handled at a Faculty level because it is at this level that the faculty knows their teaching staff potential thus allocating them accordingly.

Our Mission:

"To enable the future of clients through creation and provision of knowledge

Our Vision:

"The benchmark for Business and Management Education, Research and Training in the region."

Overall Strategic Goal:

Leadership in high quality programmes responsive to market needs.

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Editorial Team

Ms. Erina Najjingo
Editor
Publications Office.

Mr. Dennis Nuwagaba
Lecturer- Department of marketing
& International Business

Ms. Hamidah Babirye Nseereko
Assistant Director, Principal's
Office

Ms. Annet Bukenya
Administrative Assistant
Principal's Office



THE FUNDRAISING DINNER FOR MUSLIM COMMUNITY CENTRE

Organised by
MUBS Muslim Community

قَالَ تَمَّال:

مَنْ ذَا الَّذِي يُقْرِضُ اللَّهَ قَرْضًا حَسَنًا فَيُضَاعِفَهُ لَهُ، وَلَهُ أَجْرٌ كَرِيمٌ

"Who is he that will lend to Allah a goodly loan
then Allah will increase it manifold to his / her credit and
will equally be honorably rewarded." 57:11

Venue: Hotel Africana at 4:00Pm
Date: March 8th 2019

For more Information contact
Mr. Sebunya Abubakar 0751350479
Haji Medi Kasule 0759400099

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MUBS Campuses

Map showing the locations of MUBS campuses in Uganda:

- ASUA CAMPUS**
- WABALA CAMPUS**
- WABAKALA CAMPUS**
- MAIN CAMPUS**

Makerere University Business School
Plot 21A New Portbell Road,
P.O. Box 1337, Kampala.
www.mubs.ac.ug



Listen Attentively, Read Hard, Play Smart and be Vigilant

"It's painful to miss something, to make the mistake of believing so much in the good you are seeing that you don't see the bad. It's hard to know that you let people down."

This is what will happen if you end up drowning your self in the world of partying and neglect your academics. You will not only hurt your self but also the people who have invested a lot in your academic journey. These people could be; your parents, siblings, friends and the rest of the people who have emotionally, spiritually and physically been there for you.

Congratulations to those that have graduated at the 69th MAK graduation ceremony, and to the continuing "A" students that were on the Vice Chancellor and Dean's list.

As you celebrate your academic achievement, always refer to the messages that were delivered to you by the President, Chancellor, Vice Chancellor as well as the Principal on the graduation day. These messages are your guidelines into the employment world. But as Business and Management students, be creative whether running your

own business or being employed.

To the continuing students, balance between your social, personal and academic life. These are important and you need them but put more emphasis on the academic life. Attain that degree but let it also be worth presenting to people, then your social and personal life will improve along side the academic life.

Semester two, academic year 2018/2019 has began. This means course work tests are around the corner and there are many activities such as: Guild campaigns and elections, cultural gala and other activities. These are all important for you as a student, participate in them but also have your academics as key on your agenda.

I wish you the best this semester as you head to another academic year.
Listen attentively, read hard, play smart and be vigilant

Sumaia Namuyingo
Assistant Editor

East African Anthem

Chorus

Jumuiya Yetu sote tulinde
Tuwajibike tuimarike
Umoja wetu ni nguzo yetu
Idumu Jumuiya yetu.

1. Ee Mungu twakuomba ulinde
Jumuiya Africa Mashariki
Tuwezeshe kuishi kwa amani
Tutimize na malengo yetu

2. Uzalendo pia mshikamano
Viwe msingi wa Umoja wetu
Natulinde Uhuru na Amani
Mila zetu na desturi zetu.

3. Viwandani na hata mashambani
Tufanye kazi sote kwa makini
Tujitoe kwa hali na mali
Tuijenge Jumuiya bora

Ugandan Anthem

Oh Uganda!

May God uphold thee,
We lay our future in thy hand.
United, free,
For liberty
Together we'll always stand.

Oh Uganda! the land of freedom.
Our love and labour we give,
And with neighbours all
At our country's call
In peace and friendship we'll live.

Oh Uganda! the land that feeds us
By sun and fertile soil grown.
For our own dear land,
We'll always stand:
The Pearl of Africa's Crown.

MUBS Anthem

Makerere University Business School
Benchmark for Versatile Education
Providing Knowledge and Skills
Enabling the future of your clients

With Wisdom and Integrity, you Inspire
Confidence
You give Energy, Strength and Determination
We uphold your Splendour
Enabling the future of your clients

Shaped by Intelligence, Loyalty and Vision
Stand Tall and Strong with Courage
In the Worldwide University Fraternity
Enabling the future of your clients
Makerere University Business School
Enabling the future of your clients



Some MUBS students at the 69th MAK Graduation ceremony on January 17, 2019



Mr. Christopher Tenywa receives a gift from Prof. Waswa Balunywa at the MTN-MUBS EIIC end of year party



Participants to the Economic Forum Rationalization workshop



Mr. Ramathan Ggoobi and Ms. Mareike Le Pelley, Resident Director, Friedrich Ebert Stiftung share a moment before the workshop





Prof. Waswa Balunywa listening to Prof. Barnabas Nawangwe addressing the congregation at the 69th MAK graduation on January 17, 2019



Prof. J.C Munene exchanging greetings with the MUBS Council Chairman Haji Mubarak Ngobya



Hajjat Afuwa Ssebyala addressing participants at the economic forum at Sheraton Hotel in Kampala



MUBS Management and MAK Management at the 69th MAK Graduation



MUBS Academic staff after their win during the MUBASA Festival

Rationalization of Government agencies, Commissions and Authorities: Why, When, How and For Whose Benefit



Participants in a group photo

Following the government's announcement of the rationalization of government agencies, commissions and authorities, Friedrich Ebert Stiftung organized a dialogue in cooperation with Makerere University Business School (MUBS) Economic Forum, titled **"Rationalization of Government Agencies, Commissions and Authorities: Why, When, How and For Whose Benefit?"** on December 4, 2018.

The dialogue brought together stakeholders including government institutions, employees of government agencies, civil society, private sector, policy makers, academia and media to debate and have a say in the rationalization process so that Ugandans get the best out of this reform. The goal of this public debate was to provide a platform for all stakeholders. This was viewed as the first ever public dialogue on Government's bold decision to merge or scrap ambiguous agencies.

The dialogue comes against the background of Cabinet's approval

on September 10, 2018 of a plan to rationalize government agencies as a way of aligning their functions, structures and budgets; eliminating ambiguities, duplications, overlaps, and wasteful expenditure. However following the decision, no conversation has continued on this critical matter since then about its real objectives and expectations, knowing well that government is yet to finalize the plan.

The main objectives of the dialogue were:

- To analyse this rationalization, and understand its rationale, objectives and expected outcomes.
- To discuss how best this process should be carried out to improve the wellbeing of Ugandans as well as minimizing the socio-economic and political costs of the process
- To recommend some short and medium term measures needed to mitigate risks to ensure that everybody gets the best out of the process.

Grow the Agricultural and Manufacturing Sector



*Ms. Mareike Le Pelley
Resident Director, Friedrich Ebert
Stiftung*

Ms. Mareike Le Pelley the Resident Director, Friedrich Ebert Stiftung taking the participants into some of the key areas that government should look into as it rationalizes its agencies, commissions and authorities.

In her speech, Ms. Pelley enlightened that a large part of Uganda's budget is the debt service which is affecting the country's expenditure. To this, she urged government to put emphasis on agriculture and manufacturing. "The development of the agricultural and manufacturing sector is one of the things that government should look into for purposes of creating more employment and revenue," she noted.

She also added investment in children skills and resources is also crucial for vocational training and also health as a priority area and also Research and Technology.



Recommendations from the Discussion



Ms. Catherine Musingwiire, Mr. Rama Omonya, Mr. Gideon Badagawa and Dr. Patrick Birungi panelists at the workshop

Towards the end of the workshop, the participants drew a number of conclusions. Among these include:

- The rationalization should not stop at agencies. The mainstream Government including Ministries and their Departments as well as the Presidency, Parliament, and Local Governments also need to be reduced.
- Agencies that are performing efficiently and effectively should not be rationalized by putting them under bodies (Ministries or other Agencies) that are more inefficient and/or ineffective.
- There is need to undertake a

thorough political economy analysis of the rationalization to identify and mitigate risks that might fail the process. Although it was reported that such a study was already undertaken, ad hoc implementation of plan does not exhibit that.

- The Government should provide a clear direction and timelines for the rationalization process to reduce uncertainty and anxiety among employees in Agencies and to ensure that sensitive documents in the Agencies do not disappear.
- There is need for a strong public relations and communication strategy.



Alhaji Ali Lubega Kadunabi addressing participants at the workshop.

Expected Outcomes from the Rationalization



Prof. Joseph Ntayi addressing participants

The need for rationalization of Government Agencies, Authorities and Commissions was attributed to duplication and overlapping functions, ambiguities in jurisdictions (conflicting relationships between Agencies and their parent Ministries), contradicting legal frameworks, wasteful expenditures, and salary disparities between employees in Agencies and traditional public service, among other things. Thus the expected outcomes of the rationalization process include: alignment of functions, structures, plans and budgets of Government institutions based on national strategic goals and priorities; removal of duplications and creation of synergies and complementaries among the Agencies; elimination of wasteful expenditures; harmonization of wages between employees in Agencies and traditional Public Service; streamline legal and institutional frameworks that make Agencies more accountable to the citizens and mainstream Government structures.





Quiin Abenakyo Awarded at the 69th MAK Graduation



The Vice Chancellor, Prof. Barnabas Nawangwe receives Miss World Africa 2018/2019, Quiin Abenakyo (Left) shortly before the third session of the 69th Graduation Ceremony, Makerere University.

MISS WORLD AFRICA, Quiin Abenakyo who graduated with the Bachelor of Business Computing was among the students that received awards at the 69th Makerere University graduation ceremony.

The university gave her a book titled **"What After University"** for being hardworking after she successfully completed her studies despite her position in the world today.

"I am the happiest girl today. While at university, I also went through some of the challenges other university students go through but that did not stop me from

"One out of four girls, aged 13 to 17, is either pregnant or a mother. This is very disheartening, and as I look at all the ladies here, I must say we are really blessed that we don't have to go through all this. But we can't say the same for our sisters out there."

reading my books. I am glad I am graduating today," said Abenakyo. Abenakyo came into the limelight when she scooped the Miss Uganda 2018/2019 title on August 10, 2018 at Sheraton Kampala Hotel. With this crown, she represented Uganda during the Miss World 2018 / 2019 pageant in China. While there, she secured a place in the top 30 at the Miss World finals. This brought Ugandans joy and pride. With this success, she was voted and raised in position until the current title of Miss World Africa 2018/2019.



Chancellor Quoted

TO MUBS MANAGEMENT AND STAFF

"We cherish discipline and academic integrity and we applaud your vision of being the benchmark for business and management education in the region. Thank you for the positive contribution you are making towards the global reputation of Makerere University."

TO SOCIAL ENTREPRENEURS

"There are opportunities for increasing production, processing, drying, standardizing, packaging, storage and marketing in the domestic markets, regional markets and global markets. Despite challenges in accessing capital on competitive terms, I believe that we can forge ahead to reform the financial sector and to increase access to affordable capital so that we can take full advantage of our natural resources."

TO GRADUANDS

"Uganda needs people willing to innovate, to create new things, to add value to our raw materials and to extend and consolidate the gains that have been made so far. You are those people and we are counting on you. Go change your world. Be of good courage, God will strengthen your arm."



Namuwaya Attributes Her Success, Hard-work and Respect

Ms. Hajarah Ali, the overall best student at the 69th MAK graduation attributed her success to research, discussions, being focused, hard-work and respecting her parents. She advised the youth and those still in school to be disciplined and do more of networking with people.

"It is not all about reading books and passing, class just gives us 2 per cent and the rest is up to us. So we have to do more research, talk to people who can connect us somewhere because our grades will speak for us," Ms. Namuwaya said.

Namuwaya who was a government sponsored student obtained a CGPA of 4.94 in a Bachelor's Degree of Business Computing of Makerere University Business School.



Hajarah Ali Namuwaya showing off her plaque

Ms. Sarah Zawedde, Namuwaya's mother thanked her daughter for concentrating on her books and emerging as the best student. She also appreciated MUBS for their tireless contribution towards the success of students.

"I am very happy that my daughter has made it to the top. I as a parent did what I could and it was up to her with the help of the ALMIGHTY to get to this level," she said.

Mr. Muhammad Ali Muwaya, Namuwaya's father, said the respect that her daughter has brought to him is immeasurable. He says he had wanted Namuwaya to study law but she refused and he allowed her to do a course of her choice.

"I never expected this but with the happiness I have, I can even go with out food. This is great and I thank ALLAH and all that have made it possible."

Makerere University Business School - MUBS graduated 3,644 with Bachelors, Masters and Doctor of Philosophy degrees. Five (5) graduated with PhDs.

MUBS Students who have made it this far at previous MAK graduations



Caroline Namyanya
Bachelor of Commerce
68th MAK Graduation
CGPA: 4.95



Sarah Namboozo
BSc. Marketing
67th MAK Graduation
CGPA: 4.91



Luke Sewante
Bachelor of Leadership & Governance
66th MAK Graduation
CGPA: 4.81



Rashid Taban
BBA
65th MAK Graduation
CGPA: 4.91



Frank Kabuye
BBA
64th MAK Graduation
CGPA: 4.79



Pay Keen Attention While Selecting And Conducting Research: Prof. Langmia



Prof. Kehbuma Langmia
Visiting Professor; Faculty of Computing and Informatics/ PhD Supervisor

During his visit to Makerere University Business School, Faculty of Computing and Informatics Prof. Kehbuma Langmia met with Faculty members and discussed a number of issues on how best the faculty will benefit from his Visiting Professorship. He also met

and supervised PhD students at MUBS. Prof. Langmia advised the students to pay keen attention while selecting and conducting research prior to their PhD. "In this changing time of technology, electronic and digital technology, the topic that you are selecting for your research has to become contemporary, it has to be meaningful for improving the human condition here, Uganda and African in general. Do not just take a topic because you want to have the PhD, choose a topic that is impactful for our destiny because it is more than 60 years since we got our independence but we have not moved an inch to improve our selves and improve the lives of those that are coming after us. So the selection of your topic is essential, the conduction of your research should be ethical and the

results should be compelling," Prof. Kehbuma Langmia.

He is a Fulbright Scholar/ Professor and Chair in the Department of Strategic, Legal and Management Communication, School of Communications, Howard University. A graduate from the Mass Communication and Media Studies Program at Howard University in 2006, Prof. Langmia has extensive knowledge and expertise in Information Communication Technology (ICT), Intercultural/ International Communication and Social Media. Since earning his PhD in Mass Communications and Media Studies from Howard University in 2006, he has published 12 books, 14 book chapters and 9 peer-reviewed journal articles nationally and internationally.

Staff who graduated at MAK 69th graduation

Staff at different administrative levels graduated at the 69th Makerere University graduation.

No.	Name	Designation	Department	Award
1	Kalibbala Wilberforce	Administrative Assistant	Office of the School Registrar	Master of Business Administration
2	Kigozi Henry Lwanga	Administrative Assistant	Directorate of Internal Audit	Master of Business Administration
3	Malongo Abudalazizi	Administrative Assistant	Office of the Imam	Master of Business Administration
4	Sserunyigo Arthur	Administrative Assistant	Quality Assurance Directorate	Master of Business Administration
5	Acen Florence Ann	Administrative Assistant	Entrepreneurship Centre	Master of Human Resource Management
6	Ainembabazi Rebecca	Administrative Assistant	St. James Chapel	Master of Human Resource Management
7	Mirembe Mary	Administrative Assistant	Alumni Office	Master of Human Resource Management
8	Namaganda Rehma	Administrative Assistant	Office of the School Bursar	Masters of Business Administration
9	Namirimu Agnes	Administrative Assistant	Faculty of Vocational & Distance Education	Master of Human Resource Management
10	Najjingo Erina	Administrative Assistant	Publication Office	Master of Science in Marketing



Staff who graduated at MAK 69th Graduation

Staff at different academic levels graduated at the 69th Makerere University graduation in different disciplines;

No.	Name	Designation	Department	Awarding Institution
PhD				
1	Hassan Bashir	Senior Lecturer	Business Administration	Doctor of Philosophy
2	Walugembe Ahmad	Lecturer	Marketing & International Business	Doctor of Philosophy
3	Gukiina Joshua	Lecturer	MUBS, Jinja Campus	Doctor of Philosophy
4	Nkurunziza Gideon	Lecturer	Management Science	Doctor of Philosophy
Masters (Academic)				
5	Birungi Felister	Assistant Lecturer	Business Administration	Master of Business Administration
6	Kaliisa Gerald	Assistant Lecturer	Business Administration	Master of Business Administration
7	Nakajubi Florence	Assistant Lecturer	Business Administration	Master of Business Administration
8	Kemitare Gladys Rochelle	Assistant Lecturer	Economics	Master of Arts in Economic Policy & Management
9	Sewante Luke	Assistant Lecturer	Leadership & Governance	Master of Science in Leadership & Governance
10	Kasabiti Christine	Assistant Lecturer	Marketing & International Business	Master of Science in Marketing
11	Mudidi Patrick Emmanuel	Assistant Lecturer	Marketing & International Business	Master of Science in Marketing
12	Gimbo Monica	Assistant Lecturer	Marketing & International Business	Master of International Business
13	Debo Julius	Assistant Lecturer	MUBS, Arua Campus	Master of Business Administration
14	Isabirye Paul Milton	Assistant Lecturer	MUBS, Jinja Campus	Master of Arts in Economic Policy & Management
15	Kiiza Andrew Ssemakula	Assistant Lecturer	MUBS, Jinja Campus	Master of Science in Entrepreneurship
16	Okalany Peter	Assistant Lecturer	MUBS, Mbale Campus	Master of Business Administration
17	Kigonya Lynne	Assistant Lecturer	MUBS, Mbarara Campus	Master of Business Administration
18	Manigaruhanga Douglas	Assistant Lecturer	MUBS, Mbarara Campus	Master of Business Administration
19	Nantongo Nabiira	Assistant Lecturer	Procurement & Logistics Management	Master of Science in Procurement & Supply Chain Management
20	Nabacwa Alex	Administrative Assistant	Human Resource Directorate	Master of Human Resource Management





69th MUBS Staff PhD Graduands



Dr. Hassan Bashir
Ag. HOD Business
Administration



Dr. Joshua Gukiina
Lecturer: Department of
Marketing



Dr. Ahmad Walugembe
Lecturer: Department of
Marketing



Dr. Gideon Nkurunziza
Lecturer: Department of
Marketing

Central Marking Semester One Academic Year 2018/2019

CENTRAL MARKING for Semester One Academic Year 2018/2019 began on December 12, 2018. The exercise began with a half day workshop that was held on December 11, 2018 at the MUBS Main Library Hall. In this workshop, the Examiners and Assessors were taken into different sessions in line with marking as per the School's Quality Assurance Policy. The marking exercise took place at the Quality Assurance gazetted marking Area at the MUBS Main Library.

During this exercise, Examiners and Assessors availed their staff identifications at the main entrance of the marking area to which they were given a tag to help them assess the area. The answer scripts were picked from the Main Library fourth floor (accessed through third floor) and were preceded by evidence of a complete marking guide. Each department was also availed with a book in which it recorded all the answer scripts that were taken.

No script was allowed to be marked out of the gazetted area. This exercise ended on January 13, 2019.

Semester Two Academic Year 2018/2019 Begins

SEMESTER TWO FOR THE ACADEMIC YEAR 2018/2019 began on January 19, 2019. This semester, has got a number of activities lined up as per the Office of the School Registrar. These activities include:

- Commencement of Lectures Monday, January 21, 2019.
- First Course Work Test Degree Programmes (5th and 6th Weekends) February 23 – 24, 2019 and March 2 – 3, 2019.
- First Course Work Test Diplomas (7th Weekend) March 09 - 10, 2019.
- Second Course Work Test Degree Programmes (10th and 11th Weekends) March 30 - 31, 2019 and April 6 – 7, 2019.
- Second Course Work Test Diplomas (12th Weekend) April 13 - 14, 2019.
- End of Semester II Final Examination April 29, 2019 to May 18, 2019.

Checking of Answer Scripts for Semester One 2018/2019

Every semester at the end of Central Marking, the School's Quality Assurance Directorate designates dates for the checking of the answer booklets. This is usually done immediately after the marking process is completed, and it began on January 21, 2019.

During this period, external Assessors are invited to check the students' marked answer booklets. This is done with an intention of looking out for scripts that were not marked, numbers or pages that were not marked. During this process, the Assessors are also availed with the grading sheet to which they refer in order to find out if the gradings that were awarded to the different numbers were worth and exact. This exercise will take three weeks.





Leadership Centre Annual Membership Dinner

MUBS Leadership Centre organized an Annual Membership Dinner on December 13, 2018 at Sheraton Kampala Hotel. Here is the event in pictures;



Rena Nalumansi and Eddie Yawe entertaining guests



Guests dancing to the music



Event Ushers



Prof. Waswa Balunywa receives his gift at the Dinner



Prof. Munene interacting guests



Some of the guests at the Dinner



The First Disability Awareness Day in MUBS



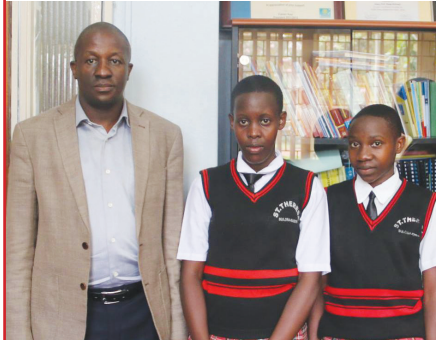
Mr. Johnson Ssekakubo, Head of Department Management Science joined in the dance during the Disability awareness day at MUBS.

MUBS Community held the Disability Awareness day on November 5, 2018. The event was organized by the MUBS Disability Resource and Learning Center (MUBS DRLC), held under the theme **"A day in my shoes; celebrating diversity and awareness for persons with different abilities."**

PhD Research Seminars to be introduced

Prof. Waswa Balunywa on August 9, 2018 during his meeting with the PhD students at the Faculty of Graduate Studies and Research at MUBS Bulogobi Annex revealed plans to introduce PhD Student Research Public Seminars. Here, the PhD students will be provided a platform to present their research concepts, an opportunity to learn, critique their peers and improve on articulation. The seminar will also aim at evaluating the PhD research's relevance to society, contribution to the body of knowledge, procedures in the selection and evaluation of research projects, and techniques of data collection, handling, and analysis.

MUBS celebrated the 2018 International Day of the girl child



Deputy Principal, Assoc. Prof. Moses Muhwezi, with the girls from St. Theresa Buloba

On October 12, 2018, MUBS through the Department of Finance in the Faculty of Commerce recognized and celebrated the 2018 International Day of the girl child under the theme **"With her a skilled work force"**. The department hosted girls from St. Theresa Buloba as part of building their confidence and aspiration for a better future.

Former Zanzibar Presidents Visits MUBS



L-R: H.E Dr. Amani Abeid Karume, Deputy Principal Assoc. Prof. Moses Muhwezi and H.E. Emmanuel Awori Out going Guild President

Former Zanzibar President, H.E. Dr. Amani Abeid Karume visited MUBS on April 13, 2018 ahead of the Global Peace Conference. During his visit MUBS was declared a peace hub for Universities in Africa. The declaration was made by the Vice President for Strategic Partnerships, Global Peace Foundation, Mr. David Caprara.

MUBS wins Silver in Disability Games



MUBS students receiving the trophy
MUBS' Joshua Byansi (Deaf) was second runner up in the 800m for men and won a Silver medal in the Javelin (Deaf) category while Namulondo Best Sharon with Physical Disability was second in the 800m for Ladies at the National Disability Games in Mbarara that took place at Kakyeka Stadium from September 26-30, 2018.

CECF President Visits MUBS; Signs MoU



L-R: Prof. Waswa Balunywa, Mr. Yosa Francis, School Secretary and Mr. Imam Mohamad after signing the MoU at MUBS

On August 15, 2018, Makerere University Business School hosted renowned American Muslim speaker Imam Mohamad Bashar Arafat, President of the Islamic Affairs Council of Maryland and founder of the Civilizations Exchange and Cooperation Foundation (CECF). He was at MUBS to build the capacity of scholars and leaders in the areas of interfaith dialogue, peace building and development and technology transfer.

13th Entrepreneurship Conference



Exhibitors at the MUBS 13th EIIC Conference

MUBS hosted young entrepreneurs from different universities in Uganda to discuss the role of incubators in developing entrepreneurship and creating new business start-ups that add value and impact to the society. The discussion was organized by the MUBS Entrepreneurship Innovation and Incubation Center (EIIC) as one of the events that kick started the MUBS 13th Annual Entrepreneurship Conference which was held from October 24-26, 2018 at Hotel Africana in Kampala.

I DARE Conference 2018



L-R; Dr. Jolly Byarugaba HOD, Human Resource, Dr. Annet K. Nabatanzi Muyimba, Dean Faculty of Management and Public Policy and Mr. Collins Ayijjuka Lecturer, Human Resource at the Opening of the Conference

On March 22-23, 2018 the Faculty of Management and Public Policy in conjunction with COPMASTERS and the Human Resource Management Students' Association, HURMASAMU organized a two day conference to address the students on how to live a responsible life at campus.

The first of its kind, the conference also intended to prepare the students for the world of work.

23rd Annual International Management Conference



Mbarara District LCV Chairman Capt. Rtd. JB Tumusiime (seated left) in a group photo with MUBS Council Members and staff. He delivered a keynote address at the 23rd AIMC in Mbarara on September 12, 2018. He commended MUBS for providing jobs to the people of Mbarara.

The MUBS 23rd Annual International Management Conference was held in Mbarara from September 11- 14, 2018 under the theme **"The Knowledge Society"**. Gen. Kahinda Otafire opened the conference.

1st Finance Students' Conference



Prof. Waswa Balunywa arriving for the conference

The Finance Department, held the 2018 Annual Finance Students Conference at MUBS Nakawa Campus on September 27, 2018. Under the theme **"Expanding Financial Sector Opportunities and Possibilities"**. The conference attracted a number of CEOs from the finance sector who shared their experiences with the students.

8th Annual International Leadership Conference



Prof. Simon Gicharu chatting with the former Makerere University Chancellor Prof. George Mondo Kagonyera

The MUBS 8th Annual International Leadership Conference was held on July 17-19, 2018 at Entebbe. The conference was organized under the theme, **"African Business Leaders; creating the change Africa needs."** It was opened by the Vice President of Uganda, H. E. Edward Ssekandi.

MUBS EIIC-MTN Uganda End The Year in Style

MUBS together with MTN - Uganda have a partnership which entails training and assistance in the recruitment of young graduates at the MTN Customer Help Centre. This partnership has grown strong over the years thus worth celebrating at the end of each successful year. On December 7, 2018, the MUBS Entrepreneurship, Innovation and Incubation Centre together with MTN - Uganda held a staff end of year party at the MUBS Main Library parking. Here is the event in pictures;



Prof. Waswa Balunywa sharing a light moment with Alex Muhangi before addressing participants

Ms. Maureen Basuuta dancing to Eddie Yawe's music



H.E. Julius Ntende with his Executives



MUBS Staff enjoying the party



Prof. Waswa Balunywa, Ms. Diana Ntamu and Ms. Sarah Kyejusa with MTN Staff after receiving their certificates.



MUBASA Festival

MUBS Academic Staff Association (MUBASA) held a festival for academic staff on December 14, 2018. The festival kicked off with sports activities that included athletics, football, ludo, cards among others. Later in the day, the staff engaged themselves in counseling services and more entertainment. Here is the event in pictures;



Dr. Hilderman entertaining MUBASA Staff



Faculty of Marketing Staff after their win



MUBASA Staff Jinja Campus show their dance moves



Faculty of Entrepreneurship and Business Administration Staff after their win



MUBASA Staff take on the Tag of War



The band entertaining staff





Checklist to Healthy, Fertile Sperm

Due to the silent increase in the numbers of male infertility, here are a few tips on how to ensure and have healthy, fertile sperms.

- **Eat well**

You are what you eat — and so are your sperm. There are both good nutrients and bad nutrients to consider in keeping sperm healthy. Go light on the processed stuff and eat more lean meats and whole foods.

- **Exercise regularly**

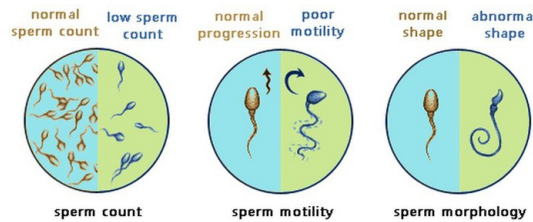
Even light exercise can increase sperm quantity, movement, and shape. Obese can affect testosterone levels, too, which can lower your sex drive.

- **Boxers or briefs?**

Let's get right to the point: Your underwear is probably fine, no matter your preference. A 2016 study found pretty much no difference in underwear type and sperm count. But then, a titillating 2018 study found that men who wore boxers had 17 percent more sperm than men who wore briefs.

- **Think before you drink alcohol or caffeine**

A 2017 review of studies involving



almost 20,000 men suggested that caffeine in soda and soft drinks may damage sperm DNA. This can decrease sperm count.

- **Take a supplement**

If you're trying to boost your sperm quality, you can get several important vitamins and minerals through the foods you eat. You also could consider popping a daily supplement to make conceiving a little easier.

- **Avoid certain chemicals and products**

Hormone-disrupting chemicals could be lurking in your workplace, in the air, and maybe even in your personal care products. There are chemicals known as reproductive hazards. The Centers for Disease Control keeps a comprehensive list. They can affect every aspect of your sperm: count, volume, motility, and shape.

Health benefits of star fruit (carambola)



- Star fruit is one of the very low-calorie exotic fruits. 100 g fruit just provides 31 calories, which is much lower than for any other popular tropical fruits.
- The fruit along with its waxy peel provides a good amount of dietary fiber. Fiber helps prevent absorption of dietary LDL-cholesterol in the gut.
- Star fruit contains good quantities of vitamin-C. Vitamin-C is a powerful natural antioxidant. 100 g of fresh fruit provides 34.7 mg or 57% of daily required levels of vitamin-C.
- Star fruit is rich in antioxidant phytonutrient polyphenolic flavonoids. Some of the important flavonoids present are quercetin, epicatechin, and gallic acid.
- It also carries a small amount of minerals and electrolytes like potassium, phosphorus, and zinc and iron. Potassium is an important component of cell and body fluids helps controlling heart rate and blood pressure; thus, it counters bad influences of sodium.

Did You Know - Health Tips

- **You can physically see high cholesterol**

It is possible to see signs on your body that you may have high cholesterol. Xanthelasmata, or xanthelasma, are cholesterol-filled bumps that form under your skin. It can be an indicator of possible heart disease. The lesions can be found all over the body and tend to appear on the skin of older people with diabetes or other heart

ailments.

- **If you are tired, exercise will help**

If you are physically tired, the best thing to do is exercise as it will give you more energy than sitting. Studies have found that the blood and oxygen flow through the body will give you more energy and improve your mood. The increase in endorphin levels can contribute to a feeling of well-being.





MUBS Shines at the 9th East Africa University Games in Dodoma



MUBS Female Volley ball team



MUBS Athlete receives a bronze medal for 5000 metres



MUBS Male football team



MUBS Athletes cutting a cake to celebrate their victory

THE 9TH EDITION OF THE EAST AFRICA UNIVERSITY GAMES kicked off on December. Universities from Kenya, Uganda, Rwanda, Burundi, South Sudan, Tanzania came together in December 2018 to compete in various game disciplines from soccer, swimming to board and indoor games at Dodoma University in Tanzania. MUBS Contingent to the Eastern Africa University games had 90 people (74 athletes and 16 officials),

The Institution was represented in;

- Soccer Men,
- Volleyball ladies
- Chess Men and Women,
- Scrabble Men and Women,
- Table Tennis Men and Women,
- Athletics Men and Women
- Tennis Men and Women
- Swimming Men and Women
- GoalBall Ladies (disability students).

Performance:

MUBS was 13th overall out of 32 Universities, winning Gold in Football Men, Gold in Tennis Men, a Silver in Athletics 10,000 meters ladies, Bronze in 5,000 meters ladies, Bronze in 5000 meters Men, Bronze in 800 meters Men, Bronze in Table Tennis ladies, Bronze in Volleyball ladies, Bronze in Scrabble ladies, Bronze in Chess ladies.





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