

# MUBS

LETTER

March Issue, 2022

# MUBS' AMONG BECOMES SPEAKER OF THE 11<sup>TH</sup> PARLIAMENT



he journey of our very own Rt. Hon. Anita Annet Among is worth jubilation. Among was elected Speaker of the 11<sup>th</sup> Parliament, replacing the late Rt. Hon. Jacob Oulanyah who passed away on Sunday March 20, 2022.

Hon. Among rose through a humble background from being a student and Lecturer at MUBS in the Department of Computing and Informatics, Member of Parliament to Deputy Speaker and currently, the Speaker of Uganda's Parliament.

She has promised not to be Speaker for any political party but for the whole of Uganda and also to support all Members of Parliament equally.

The MUBS community is very proud of you and congratulate you upon your new position

### Minister pledges computers for blind students

State Minister for Foreign Affairs Hon. Henry Okello Oryem has pledged to mobilize UGX. 15M to buy special computers for students with visual impairments at Makerere University Business School (MUBS).

Hon. Oryem, represented the former Deputy Speaker of Parliament Hon. Anita Among as the Chief Guest at the just concluded MUBS 4<sup>th</sup> Annual Alumni Run which took place on March 20, 2022.

He said the cause of supporting girls with disabilities to access quality education touches his heart and pledged to be part of this annual event for as long as he will live.

"I was touched by the cause of the run that made me to come on a short notice. We will do everything possible to support this cause," he pledged.

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**Our Mission:** "To enable the future of our clients through creation and provision of knowledge"

**Our Vision:** "The benchmark for Business and Management Education, Research and Training in the region."



#### **Editorial Team**



Ms. Erinah Najjingo

Editor



Dr. Hamidah Babirye Nsereko

Asst. Director, Office of the Principal



Dr. Dennis Nuwagaba

Senior Lecturer, Department of Marketing & International Business



Ms. Sumaia Namuyingo

Assistant Editor



Ms. Jenninah Atukunda

Senior Administrator, Office of the Principal



Ms. Annet Bukenya

Administrative Assistant, Office of the Principal



Ms. Priscilla Lamwaka

Teaching Assistant, Department of Leisure & Hospitality Mgt



Mr.Busuulwa Mohammad

Correspondent MUBS Jinja Campus



Ms. Miria Amentono

**Publications Unit** 





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2. Uzalendo pia mshikamano Viwe msingi wa Umoja wetu Natulinde Uhuru na Amani Mila zetu na desturi zetu.

3. Viwandani na hata mashambani Tufanye kazi sote kwa makini Tujitoe kwa hali na mali Tujienge Jumuiya bora

### **Ugandan Anthem**

Oh Uganda! May God uphold thee, We lay our future in thy hand. United, free, For liberty Together we'll always stand.

Oh Uganda! the land of freedom. Our love and labour we give, And with neighbours all At our country's call In peace and friendship we'll live.

Oh Uganda! the land that feeds us By sun and fertile soil grown. For our own dear land, We'll always stand: The Pearl of Africa's Crown.

#### **MUBS Anthem**

Makerere University Business School Benchmark for Versatile Education Providing Knowledge and Skills Enabling the future of your clients

With Wisdom and Integrity, you Inspire Confidence

You give Energy, Strength and Determination

We uphold your Splendour Enabling the future of your clients

Shaped by Intelligence, Loyalty and Vision Stand Tall and Strong with Courage In the Worldwide University Fraternity Enabling the future of your clients Makerere University Business School Enabling the future of your clients

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### **Building Self Esteem**



Your self-esteem is how you think and feel about yourself. Your self-esteem can affect how much you: like and value yourself as a person, believe in yourself and the things you can do, stand up for yourself when under pressure, move on from mistakes without blaming yourself unfairly.

When you have high self-esteem, the way you think and feel about yourself is likely to be positive. But if you have low self-esteem, you may find that the way you think and feel about yourself is more negative, and you may feel it impossible to stand up for yourself.

Just as negative experiences lower one's confidence and self-esteem, for example, going through a breakup or being teased about your appearance, It is the same way positive experiences can boost your confidence and self-esteem, like getting a compliment on how you look, or doing something nice for a friend.

Therefore, self-esteem, makes you feel good about yourself. At times our self-esteem gets low or we don't like ourselves very much. It is normal to feel like this at times, but when we feel like this for a long time, it can become a problem. For one reason or another, many young people suffer from a lack of self-esteem, which affects how they adjust to life and its challenges.

People with a sense of self-esteem, feel competent in their ability to cope with changing situations. They trust their judgment and know where to get help when faced with challenges. They feel capable of making sound and responsible choices and can handle change when it occurs. This can result into happiness and contentedness.

Please note, self-esteem is not a feeling of superiority over others. In fact, if a person reminds others of their position or skills, it could be a sign of someone who is trying to compensate for a lack of self-esteem.

People should know that, no matter what we do in life and no matter how hard we try, there is always someone who can do it better than you do. So for those struggling with self-esteem and comparing themselves with others who have greater skills and achievements remember, you do not have to be the best at something in order to be a valuable asset.

To be able to build self-esteem, it is advisable for people to try new things. You can never know about a hidden talent or personal strength if you never try out new things. Now is the time for experimentation, start by trying a couple of new things each week, until you find what works for you. Go at your own pace and do not put too much pressure on yourself, small changes can make a big difference.

Building your self-esteem can take time and practice. And what helps you now may not be the same thing as what helps in the future. But there are lots of things you can do to improve.

Erinah Najjingo Editor

### Minister pledges computers for blind students

#### Continued from page 1

"I have been talking to the Principal Prof. Waswa Balunywa about the need for computers for one or two girls with visual impairments, which could cost about UGX.15M.

A girl child in our society is disadvantaged even without being disabled and it is worse when they have disabilities. My wife who is an alumnus of MUBS told me that this is a cause we must join.

"I am going to participate in raising this money, it is easy to get five companies each giving us Shs3M actually we can even raise money for two computers,"he said

The MUBS Principal Prof. Waswa Balunywa welcomed the Minister's pledge, reporting that although the School has achieved 60 percent of their objectives towards helping the girl child with disabilities to attain University education, the struggle can only continue.

"We need to keep mobilizing people, especially the over 100,000 who have gone through Makerere University Business School, that if



MP for West Moyo Hon. Tom Alero Aza in blue running for the cause



L-R; Rtd. Lt. Col Bright Rwamirama, Hon. Nsubuga Balimwezo and Hon. Henry Oryem Okello

they can make a small contribution and create awareness about this cause the world will be better," Balunywa said.

The Principal also called upon political leaders to help in the fight against drugs among University Student let us talk to them about the dangers of drugs, HIV/AIDS, proper disposal of plastics



World Champion Stephen Kiprotich awarding Ms.Vivian Najjengo a certificate

and supporting persons with disabilities for the better Uganda.

To respond to the Principal's call, Rtd. Lt. Col. Bright Rwamirama, the Chairman MUBS Almuni Association and State Minister for Animal Industry, contributed UGX. 1M to the cause and urged fellow alumni to continue the support.

Nakawa East Member of Parliament Hon. Nsubuga Balimwezo, who lost his left leg in a road accident in 2000, participated in the 5km run and commended MUBS for the initiative and asked the public to empower persons with disabilities so that they are able to compete with other people in the society.

He also stressed the need to support the boy child with disabilities to attain education. Like the girls, the boys also need education to fit in the current situation. The only way to help People With Disabilities is to empower them with opportunities like education which enables them to discover their potentials.

#### Alumni run in pictures



Hon. Feta Geoffrey (L) Member of Parliament of Ayivu and Hon. Alero Tom Aza (R) Member of Parliament of West Moyo awarding the best runner in the children's category in Arua



Some of staff from MUBS Arua Campus at the MUBS 4<sup>th</sup> Alumni Run

World Champion Stephen Kiprotich in a group photo with the children who participated in the MUBS 4<sup>th</sup> Annual Alumni Run 2022 at the Main campus





L-R: Jinja
Campus
Director, Dr.
Veronica
Mukyala, and
Deputy Mayor
Jinja City Ms.
Fazira Kauma,
awarding a
certificate to
some of the
participants at
the Alumni run
at the Campus



The Campus Director Ms. Gladies Angunduru awarding a Certificate of appreciation to Mr. Sam Egama from Uganda Athletic Federation at the Run in Arua



Ms. Gorretti Byomiire Director for the Disability,Research and Learning Centre

### **Vice Chairperson's Message, MUBS Women Forum**

"This year's theme 'Breaking the Bias' is very timely. We need to intensify work towards breaking the biases that society has over women. It is very important that women are empowered, recognized, and their activities valued."

"Here's to strong women. May we know them. May we be them. May we raise them." Anonymous March 8th was designated as International Women's Day to mark and celebrate the achievement made in the attempt to create equality between men and women. This equality can never be achieved because of biological and physical differences between men and women but the intension is to recognize the differences and be able to support women in their achievements and journey to be able to make contribution to society.

As we mark this year's Women's Day, we recognize the fact that we have gone through two difficult years of the coronavirus. We have lost friends, relatives and the lockdowns greatly affected many people in the world and in Uganda it was not different. Women emerged as some of the key people who were very resourceful during this period. Women largely as home managers were able to look after families. Women were able to look after their loved ones who fell sick, and we want to celebrate the woman for these reasons.

But an emerging challenge in the last two years has been the issue of teenage pregnancies. The issue of teenage pregnancies which is all over the press in the country and this is arising because of the breakdown of values and

cultures in our society. In many communities in this country and the world over, children are supposed to get into relationships when they mature and, in many homes, today when they finish education. The fact that young people were idle in homes led to the challenge that we are seeing today that many girls became pregnant. Unfortunately, there are reports that in some cases parents and relatives are responsible for some of these pregnancies.

These are the side effects of the Coronavirus pandemic that were never expected. This calls for action within society to be able to restore the values that the country has had over the years which led to protection of young girls from being molested by men. An additional challenge to those girls who were pregnant or who are still pregnant as schools reopen is that they been denied going back to school but then those who have gone back have also faced the stigma problem.

This year's theme' Breaking the Bias' is very timely. We need to intensify work towards breaking the biases that society has over women. It is very important that women are empowered, recognized, and their activities valued. Giving women an opportunity to study, work, make a contribution to society in the different aspects of life has huge impact on society welfare. As we break the bias, the key things that should be done is empowering the women economically. We hope that the Parish Development Model will single out women and enable them to overcome the challenges that they have in producing goods for consumption



Ms. Maureen Tweyongyere, Vice Chairperson MUBS Women Forum

and sale, we hope that the Parish Development M-odel(PDM) will increase productivity of women besides of course giving them little more income to be able to look after their families and also contribute to addressing family challenges that may come up. Let us Break the Bias.

I also wish on behalf of the Women's Forum in MUBS to celebrate those women who have achieved especially at the doctorate level in the institution, I wish to congratulate the women who are making an economic contribution to this country, those have been appointed in various government positions, this year we have the Vice President and the Prime Minister and we want to celebrate them as an indicator of breaking the bias. We also celebrate MUBS first Woman Professor.

Congratulations

### **Minister commends MUBS' Women empowerment**



Dr. Lawrence Kyazze, Prof. Waswa Balunywa, Her Excellency Brenda Mawanda, Hon. Beatrice Anywar and H.E Rogers Kiyega the Guild President at the Women's Day Celebrations

The State Minister for Water and Environment Hon. Beatrice Atim Anywar has commended Makerere University Business School for giving women Top positions in the institution which is not the case in most of the public institutions in Uganda. She was the Chief Guest at the International Women's Day celebration at MUBS Main Campus



Makerere University Business School upon joining eduroam











Nakawa market women vendors during the International Women's Day Celebration at MUBS main campus

on March 8, 2022 organized by the MUBS Women's Forum, under the Theme "Breaking The Bias". Hon. Anywar advised women to always work hard giving the example of the women market vendors who are able to keep their children in school despite their small earnings from the market.

She also pointed out that, such celebrations should be taken down to the village women think women cannot who be any body or cannot do anything to get them motived. The Minister asked women to support fellow women to help them realize their talents and potentials. She expressed the need to celebrate the International Women's Day together with men as the beginning of breaking the bias if we involve men. Meanwhile. Waswa Prof. Balunywa appreciated the women from Nakawa market for their hard work and for always responding whenever they are invited at MUBS. He recognized the first

and only female professor at MUBS Prof. Orobia Laura and encouraged women emulate her. order to improve plight women in our country, parents need to give equal opportunities to both girls and boys in terms of education and inheritance of property.

Employers need to consider women for top positions because most women perform better than men. Meanwhile, the MUBS Women Forum awarded different categories of women and unlike before, this time men were also awarded.

### **Women Academic Achievers 2022**



Prof. Laura
Orobia is
a Senior
Lecturer
and Head
Department
Accounting
and Finance,
MUBS

Mbarara Regional Campus.

Amoung the MUBS community she is known as a woman of firsts. She is the first best BBA student with the Accounting option in MUBS. She was the first woman to graduate with a PhD at MUBS, the first female with a CPA and aPhD in the country. The first person to attain a PhD in her home, the first female Assoc. Professor at MUBS, and now the first female Full Professor at MUBS

Assoc.
Prof. Sheila
Namagembe
is the Head of
Department of
Procurement
& Logistics
Management.



She graduated Prof. Namagembe is an External examiner for the Procurement and Logistics Department of Kyambogo University, Research coordinator for the Master of Procurement and logistics programme for SIMAD University in Somalia.



**Dr. Diana Nandagire Ntamu** is an Entrepreneurship Development specialist and the Director of the MUBS Entrepreneurship, Innovation and Incubation Centre. She is a Senior Lecturer in the Department of Entrepreneurship she attained a PhD in 2021.

As the Director of the MUBS Entrepreneurship Innovation and Incubation Centre, she is responsible for formulation of the strategic plan and its implementation. She has lead teams on research in the Centre

and she is the Secretary of the GEM research team in Uganda which is the flagship of the Centre research. She has in the past done research on family business, roadside markets among others.

Dr.
Veronica
Mukyala
is a
Lecturer
at MUBS
and
Director
MUBS
Jinja
Campus.
She holds



a Doctor of Philosophy in Business Management from Moi University in Kenya. Her thesis was titled 'Board Structure, Intellectual Capital, Finance Reporting Quality and Firm Value among Companies Listed on Stock Exchange Markets in East Africa'. Dr. Hamidah Babirye Nsereko is an Assistant Director in the Office of the Principal and Manager of the Contracts Manager n and Monitoring



Office in MUBS. She holds a BA and MBA (Finance & Accounting) from Makerere University, in addition to a Doctor of Philosophy in Business Management from the Nelson Mandela University in Port Elizabeth, South Africa. She is a procurement specialist with interest in entrepreneurship and public health.

### How women can break the biases

Prof. Laura Orobia, the first female Professor at MUBS using her experience advised women, how they can break the bias in academics. "I was forced to do mathematics in my high school which everyone looked at as a subject for boys but my guardian told me even girls can do mathematics and even do it better. I was coached and I passed it. That is when I came to know there is nothing meant for boys only," she said. Prof. Orobia explained that to

break the bias in academic, one has to acquire knowledge, keep reading, be time conscious and have a strong system explaining that who you have around you determines what comes out of you.

### **MUBS Women Forum awards outstanding Performance**

Ms. Alison Baguhare, the custodian of MUBS Berlin Hall scooped the award for being the Outstanding MUBS ordinary woman. She started working with MUBS in October 01,1996 when it was still National College of Business. As a



custodian and in 2004 she was promoted to a supervisor till 2017. In the same year 2017 she was promoted to

Administrator/ Manager Hostel Affairs and she has served this Institution for 24 years.



Dr. Lawrence Kyazze

Dr. Lawrence Kyazze was awarded for being the out standing Septuagenarian Archiver. This is awarded to Academicians above the age of 70 years



Ms. Eve Ngabirano receiving the award from Hon. Beatrice Anywar and Prof.Waswa Balunywa

Ms. Eve Ngabirano the proprietor of Capital Shoppers one of the leading supermarkets in the country was awarded by MUBS' Women Forum for being the outstanding woman Entrepreneur.



#### Dr. Moses Kamya with the Wife

Dr. Moses Kamya got the award for the outstanding septuagenarian achiever which also means Academicians above the age of 70 years. He has Teaching experience for over 30 years.





### Be Patient to get to the top- Prof. Kigozi



As parents, we are role models to our children, what we show them is what they will follow," said Prof. Maggie Kigozi a

Business Consultant.

She said this on March 1, 2022 while addressing participants at a zoom engagement held by the MUBS Women Forum in preparation for the International Women's Day celebrations.

Prof. Kigozi asked parents to give children the best education without exclusions.

She also added that learning never ends thus parents should never

stop learning for this will help them improve their parenting skills. "There is something new everyday, so do not limit your self," she added.

She asked the students never to under estimate any job, have a work-life balance as well as engage in voluntarism for it will take them places.

Prof. Kigozi urged women to be patient to get to the top, there is always time for success, I became a CEO at 48 years of age.

She advised the young women to position themselves where they can make a change.

She appreciated MUBS for the culture of sharing knowledge with the community as a way of responding to their need 'the crave for knowledge'

#### Break the bias through parenting



Ms. Rita Engonda challenged the women to break the bias right from parenting and encouraged parents to provide equal opportunities to both the girls and boys, to always build child esteem and stop comparison in children. This will help to break the bias.

### **Never Give up Trying**

The Executive Director Nabafu Immigration Consulting, Ms. Proscovia Turyasiima Nabafu encouraged the women to never give up in life.

In this life there are no challenges, they are just hi-caps. Do not give up and never have pity for yourself.

She said this during the pre- event for the International Women's Day



celebration
2 0 2 2
organized
by the
M U B S
C a r e e r
and Skills

Development Centre on February 22, 2022 under the theme 'Breaking Gender Biases Through Diversity and Exposure'.

As a representative of mothers with children with special needs, she advised the female students to accept any situation because it is one of the ways to get solutions to the situation and also helps to sober up.

She further cautioned everyone to be flexible in what ever they do, add value to their work place, value everyone you meet and do not stop chasing your dreams.

As a woman,get time for yourself,do what can give you time for your family and different skills

### **Know your identity**



Ms. Olive Namutebi an empowered woman living with disability also challenged women to know their identity. She said, "who you are inside is your identity and always believe it is possible. To break the bias.", Everyone should know that disability in not a woman's issue, it is genetic.

### **Staff Promoted, Congratulations !!!!**

In a letter dated March 17, 2022, the School Secretary Mr. Francis Yosa with pleasure noted that the Appointments Board at its 56<sup>th</sup> Meeting had approved the promotion of the following Senior Academic Staff in School service to the positions of Associate Professor and Senior Lecturer. MUBS promotes its staff whose performance demonstrates particular merit in teaching (and related duties) including student supervision, research, scholarship and creative activity, administration, service and leadership in the University and professional practice including service to the community. Promotion generally is a good practice because it allows you to take on new responsibilities and complex tasks that challenge you to grow in your career.

#### **Promotion to the Position of Associate Professor**



Assoc. Prof. Rogers Mwesigwa



Assoc. Prof. Sudi Nangoli



Assoc. Prof. Rogers Matama

#### **Promotion to the Position of Senior Lecturer**



Dr. Moses Onyoin



Dr. Joshua Mugambwa



Dr. Lawrence Musiitwa Kyazze



Dr. Henry Mutebi



Dr. Benard Onyinyi

### Thank you for lifting MUBS High- Prof. Balunywa to Administrative Staff



MUBSASA Executive members joined the Principal and Human Resource to cut cake at the team building event in Buloba

On Saturday March 5, 2022, the Principal of MUBS Prof. Waswa Balunywa thanked the MUBS Administrative staff for the great work they are doing to lift MUBS to the international level and encouraged them to continue working very hard. He said this during their outdoor team building event that was held at Forest Park Buloba.

Prof. Balunywa encouraged all the staff to study and said promotions have not happened in the past five years but he has promoted just few people at the request of the Directors and Head of Department because of the good work done.

The Principal promised to have interviews soon for promotions from senior administrators to assistant directors and to directors. He also requested some departments like Human Resource, Dean of Students and Library to organize and sort their structures. He also advised the staff about the importance of living a healthy

life because the School caters for everyone's medication. If one is sick he or she should reach the health centre within 24 hours and incase they used their own money the school can refund. This only happens if the health centre referred you to another facility

Prof. Balunywa further noted that medical insurance for all the staff is very expensive but his ambition is to build a big hospital with very good and enough doctors.

He discouraged staff not to borrow money from money lenders but rather to form SACCOs because there is money that the government gives to SACCOs to be able to get loans.

He told them to be careful with how they handle students because students always complain that the staff are rude and harsh to them, they should also take interest in the disciplinary cases. "Encourage others to work,let us be fair and support everyone to grow," he said.

About etiquette, the Principal advised staff to dress well and respect themselves. "Do not put on a t-shirt when you are coming to the office to work, t-shirts are for parties not for office work",he emphasized. Prof. Balunywa further encouraged the staff to get into trainings which will help them learn more.

"We always talk about drugs while addressing the students, i request you to help MUBS and talk to them whenever you interact with them about drug abuse, counsel them on protecting themselves from HIV/AIDS, and also support persons with disabilities because we are all potential persons with disability. Lastly let us all join to fight plastics and kavera out of MUBS," said Prof. Balunywa.



Mr. Ayubu Nandya, the Chairman Support Staff jubilating after his team had won



### **You always make us proud**



Prof. Moses Muhwezi talking to awardees

he MUBS Deputy Principal Prof. Moses Muhwezi encouraged the students from the Faculty of Business Computing and Informatics to keep rising the MUBS flag high. He was officiating at the awarding ceremony of the best performing students on March 3, 2022.

While giving his remarks, Prof. Moses said most of the students who graduated in 2021 are employed in most big organizations like The Parliament of Uganda, Uganda Revenue Authority, NYTIL among others therefore students should go out and continue working hard and always keep MUBS shinning out there.

Prof. Muhwezi further advised the students to avoid darkness and choose light for a bright future and to acquire more skills out of what they did in class such as communication and writing skills.

He also gave hope to the student with disability who was among the best students from the Faculty and recommended that the Faculty Dean Prof. Musa Moya recruits the student as a lecturer if he maintains the good performance. Prof. Muhwezi later awarded Ms. Rossette Biira, the best performing student in the faculty with a certificate of merit.

On the same note, Prof. Musa Moya, the Faculty Dean applauded the best performing students for always making the faculty proud both within the university and out side. He advised the students to continue working hard and always be optimistic to be able to succeed in life.

Prof .Moya also said the Faculty carried out research on the new curriculum and the students gave very excellent results which has been used to improve on the programmes and thanked them for the great contribution on the programme review of the faculty.

Meanwhile, the Head of Department Dr. Robert Kyeyune advised the students to acquire



Prof. Musa Moya Dean Faculty of Computing and Informatics

more skills so as they improve on their qualifications and to maintain their personal academic status.



The Dean Faculty of Business Computing and Informatics posing for a group photo with some of the awarded students

# Department of Leisure and Hospitality held a Strategic meeting



Staff from the Department of Leisure and Hospitality Management pose for a group photo after the Department Meeting

On March 10, 2022, Staff from the department of Leisure and Hospitality Management which lies in the Faculty of Marketing and Hospitality Management held a departmental meeting. The physical meeting that was chaired by the Head of Department Dr. Milburga Atcero took place at MUBS Main Campus Nakawa.



The meeting was intended to evaluate the just concluded semester's performance and to also generate ideas on how to handle the new semester as they continue to enable the future. The New Academic semester began on February 14, 2022 and expected to be completed on May 20, 2022. During the meeting, the Head Of Department Dr. Milburga Atcero thanked the staff for working diligently towards ensuring that all the tasks assigned to them are completed. She noted with pleasure the effort that the staff put in during the recent examinations and also thanked them for ably handling students complaints. Dr. Milburga further encouraged them not to tire in serving the School because as they do that, they are enabling the future of their clients and contributing to the vision and mission of the University.

### MUBS French Club Celebrates Francophonie Day



UBS French Club Students from the Faculty of Marketing and Hospitality Management joined in to celebrate the francophonie day.

There has been a series of activities done by MUBS French Club to celebrate the Francophonie month this March of which gastronomy and the magazine launch took Centre stage. Movie, music, culture, crush classes as well as poems were also part of the event as a way of promoting the French language and culture among energetic youths. This took place on March 18, 2022 and was hosted at MUBS Nakawa.

During the event, the awarding ceremony of certificates to the football team also took place. Speaking at the full day event, Dr. Timothy Esemu, Dean Faculty of Marketing and Hospitality Management praised the club for the great visibility done in promoting the French language at the Institution. He also welcomed and thanked the French Embassy for the formidable support granted to them both in resources and financially.

### The Best Moments from FEEMS Victory party



Prof. Moses Muhwezi cutting a cake with the Staff from FEEMS

Having emerged champions at the MUBASA festival, The Faculty of Economics Energy and Management Science on Thursday March 24, 2022 came together to celebrate their victory. The event was held at Lazio bar and Restaurant in Kololo hosted by the Dean, Prof Joseph M. Ntayi. It was an extraordinarily festive night with everyone there to celebrate.

There is a saying: 'The team that parties together stays together', and while this may be a variation of the original quote there is evidence that staff are happier when their efforts are appreciated.

The Chief Guest of the event was none other than Prof. Moses Muhwezi who doubles as the Deputy Principal and a staff member of FEEMS. The Faculty was honored to have him for the victory Ceremony. His presence added magnificence to the event and instilled a sense of inspiration among the staff. The Dean together with Chief Guest offered words of appreciation, motivation, anecdotes and support that left

an unfading impression upon the staff.

Later in the program, the staff in

the faculty lit the dance floor with their amazing moves.

Other highlights of the program included the sumptuous meal and the dress code (floral shirts & Shades).

The Chairman MUBASA Mr. Brian Muyomba summed up the event perfectly when he said: 'Today has been a strong and positive reminder of how such festivals can be such a uniting force, bringing us all together, letting us meet one another and sharing the

fun and joy it brings.'



L-R, Prof.Joseph Ntayi, Prof.Moses Muhwezi and Dr.Suzan Watundu holding the victory Trophy

# COVID-19 has affected the mental and reproductive life of Teenagers; Dr. Joseph K. Bada

The future of the country depends on the children, so it is our responsibility to make sure we raise them well. The media has reported a lot of cases in relation to the girl child but less has been done.

The metal health issues, hence raised from the abuse of drugs due to less or no interaction from teachers and



Dr. Joseph K.Bada presenting his Research at Hotel African in Kampala

ife skills, mental health, reproductive health give rise to child marriages and early pregnancy during lockdown. According to research done in Koboko District by Dr. Joseph Kizito Bada and his team, girls from the age of 13-19 enrolled for antenatal services. The Acting DEO Mr. Wayi Dragamulayi said, "The COVID-19 lockdown will affect enrollment of girls when the schools resume."

This has also been evidenced in the newspapers and these matters have ignited child marriages.

However, Government has taken a step to implement guidelines for pregnant and child mothers but this has come with some challenges. One in ten adolescents tried suicide during lockdown as a result of drugs and alcohol abuse. This can be curbed by educating children. There is mental illness as a result of COVID-19.

There is need to contextualize content development for teenager reproductive and mental health education.

Since the teenagers love ICT or computers, ICT interventions of teenage reproductive and mental health education that is to say desktop computer games, multimedia teaching material, mobile apps, websites resources, therefore, the overall objective of the project was to engage teachers and innovators to jointly develop, test and evaluate digital games as interventions for teenagers' reproductive and mental health education.

When starting a job like this, the first thing is bringing on board



Dr. Milburga Atcero; HOD Leisure and Hospitality

-top leadership. These are so helpful because they are in the environment and deal directly with the teenagers.

Adolescents require full access to reproductive health services and information to protect them from sexually transmitted infections like HIV/AIDS and also pregnancy.



Participants in a group photo during the dissemination workshop

### **H.E. Kiyega meets Course Leaders**



Hon. Rogers Edward Kiyega, the MUBS Guild President addressing the Course Leaders

The Guild President H.E Hon. Rodgers Edward Kiyega with his cabinet members met all course leaders with the aim of bridging the gap between the students and the guild body. In the meeting, the GuildPresident advised the course

leaders on how best they can work hand in hand to serve the students in all levels and how best to look out for students in all aspects. Hon. Kiyega also gave his academic year message of leadership in service.

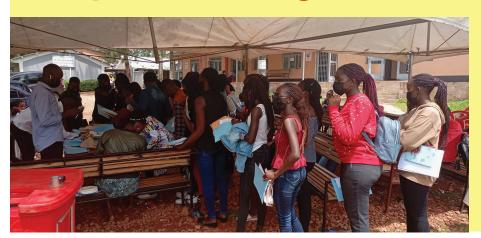
#### MUBS Guild Ministers participated in the Run to End TB in Uganda



The MUBS Guild Ministers Hon. Nicholas Nsereko and Hon. Deus Kagabe posing for a photo with some of the participants at the marathon

The MUBS Health Minister Hon. Nicholas Nsereko and the Social Affair Minister Hon. Deus Kagabe and some MUBS students participated in the Uganda Marathon Run to End TB by 2040. The run was graced by the Minister of Health Hon. Dr. Jane Ruth Achieng, Hon. Justine Kasule Lumumba and many other dignitaries.

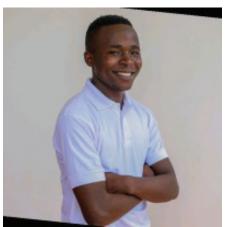
### First year students register with MUBS Health Center



The Management of the MUBS Health Center informs all first year students that registration and medical examination activities are still ongoing.

You are free to visit the facility during working hours Monday-Friday. The Center further reminds all students and staff that COVID-19 vaccination is still on every Friday.

### **An Ambassadorial Role Journey Worthwhile**



Mr. Niringiya Sam the Campus Ambassador Teach For Uganda
Just like other individuals who are determined to challenge and develop themselves each day, I am not any different. February 5, 2021 was a land mark for me.

On that day while at one university notice board, I saw an opportunity "A Teach For Uganda Campus Ambassador Role" for Makerere University Business School, an annual recruitment opportunity for continuing students.

Teach For Uganda is an NGO under the Umbrella of Teach For All that visions that one day, Every child in Uganda will attain an excellent education, a vision that hopes to eliminate education inequities in Uganda.

With a smile on my face, I applied and went through a rigorous selection and recruitment process and just like that, i secured my first formal interview with Teach For Uganda RSM team. Since then, life has never been the same.

Under their mentorship, i have been able to hone my leadership skills, witnessed education inequities by visiting partner communities in Mayuge and Namayingo, attended training workshops and joined a network of like minded campus ambassadors from other Universities across the country besides experiencing personal growth.

Notably, I have a chance after my graduation to join the Teach For Uganda fellowship Program (open to all graduates regardless of their academic background) which is a two year commitment to a teaching opportunity in rural under-served community UPE schools under leadership development Officers. (visit www.teachforuganda.org) to know more about the fellowship

program.

Despite the elapse of my tenure as an ambassador, I am and will always be indebted to Teach For Uganda for providing me an avenue for personal growth and promise to remain a face for Teach For Uganda everywhere I go. The writer is a MUBS TEACH FOR UGANDA Outgoing Campus Ambassador

Niringiye Sam Email: info teachforuganda.org 0780781124/ 0783977059 Bachelor Of Commerce year 3





### **The Loving and Hugging Community**



H.E. Archbishop Luigi Bianco, the Apostolic Nuncio to Uganda [holding crosier] posing for a photo with the Principal ,Guild President ,Clergy and members of St. Charles Lwanga Catholic Community

St Charles Lwanga Catholic Community held a Holy Mass to celebrate the Alumni and Freshers under the theme "The Loving and Hugging Community" which took place on Sunday March 27, 2022 at

St Charles Lwanga Catholic Church MUBS Main Campus. The Main Celebrant was H.E. Archbishop Luigi Bianco, the Apostolic Nuncio to Uganda. The ceremony was graced by MUBS Principal, Prof. Waswa Balunywa. It was a joyous moment.



H.E. Archbishop Lugigi Bianco cutting the cake with Prof.Waswa Balunywa and the Guild President H.E. Rogers Kiyega

### Take University life as an opportunity to advance



Sheikh Ahmed Ndifuna

The first advice is not to be like any student. Take university life as an opportunity to advance in your field of study and in your personality, formation and thought as well. The most important thing is to take into account your studies and curricular. You are here to study first and to have a social life that prepares you for your future Second, Don't forget to ask your lord ALLAH for guidance HE says ((But it is only those amongst His worshippers that fear ALLAH who have knowledge)). Quran - 35: 27

You will hear a lot of lazy students telling you that the grade doesn't matter. What did the grade do to the person who took it? What is the benefit of appreciation in unclassified education? of these arguments and frustrating sentences that degrade the importance of study and study. ALLAH says ((And the

forerunners, the forerunners; those are ones brought near to ALLAH)).

Know that your university assessment is the first step for your future. Don't neglect your studies, but invest in it and take what benefits you from it.

Third is engage in volunteering activities, One of the most important tips that we can give you in your university life is to get involved in volunteer activities and take from them what benefits you and strengthen your personality and adds to your social and work life.

Do not live in isolation, but build your personal skills by being present and participating in, advised Shiekh Ahmed Ndifuna.

### FinTech in the wake of COVID-19

On March 15, 2022, the MUBS Entrepreneurship, Innovation and Incubation Centre together with the Young Professional Managers Association (YPMA) held another weekly management lessons engagement. The engagement whose topic was; "FinTech in the wake of COVID-19" had Mr. Ali Mwase, a lecturer at MUBS Jinja Campus facilitating the engagement.

In his presentation, Mr. Mwase said that through fintech, one can pay for anything or buy anything electronically without carrying cash.

As a manager you need to be aware of the numerous segments or categories of financial technologies. Crypto currency is like any other business and Islam accepts if there is no 'riba' and if it is not against the Islamic laws then invest in it. Mr. Mwase further said that forex trading and crypto currencies are more likely the same.

During the same presentation, Prof. Waswa Balunywa said that despite the numerous advantages of crypto currency, it has got its challenges and these include; Low up take because many people do not have the facilities.

Cyber fraud is another challenge but financial technology is the way to go and adapt to technology.

He added that the volume of MTN in terms of mobile money is bigger than some bank thus there is need to educate the public about this financial technology if fintech is to successfully rolled off.

### **Transformational Leaders**

It is more to be a transformational leader than transactional leader. Transformational leadership is more of transforming. A transaction leader is one who works for money or a reward. They do things and followers are rewarded. There is a transaction between the leader and the follower. Transaction leadership follows a structure. It is a straight forward type of leadership.

If there is no work to leadership. However, it focuses on payment no creativity motivation is low.

Transformational leaders work with followers to identify the need to change, create vision to guide

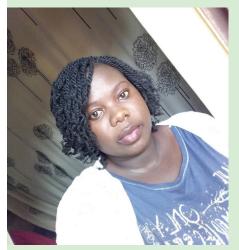
the change, transform things, challenge follows to be creative.

Characteristics of Transformational leaders;

- These are inspirational
- Adaptable
- Lead through influence
- They are risk takers
- They are charismatic
- The are open to new ideas
- They are creative, flexible
- They change things, new products and new ways of doing things
- Connect with people
- Empower
- They are passionate about what they are doing



### **Early Pregnancy is not the end of life**



Miria Amentono, MUBS Staff

In most cases in Uganda the young girls below the age of 18 have dropped out of school and end up in unhappy marriages

after getting pregnant. In Tororo County where I come from there is an increase in the number of child mothers.

As a victim of early pregnancy I am having a lot of passion for the young mothers in my community to acquire education.

I got pregnant when I was in my Senior Four, I was 17 years old I gave birth and went back to school. With the passion I have for young girls, I have tried to reach out to some girls who are victims like me giving them counseling and guidance on not losing hope in life after getting pregnant at a young age.

I was inspired by very many great ladies in this world including my

mother who did not force me to get married at that age and giving me hope for school again.

My advise to every mother is to always encourage the young girls that they can make it in life and to get time and talk to your daughters. To the young girls please if possible try to avoid getting pregnant while still at school, You might not have a mother like mine who took me back to school therefore I urge you

To the young mothers, please do not lose hope there is life after giving birth, do not hurry for marriage, if there is a chance to go back to school please go, you can still do well at school even after giving birth.

to stay focused.



#### MAKERERE UNIVERSITY BUSINESS SCHOOL

The Place to be

### THE FACULTY OF MARKETING AND HOSPITALITY MANAGEMENT

### offers

- Bachelor of International Business
- Bachelor of Science in Marketing
- Bachelor of Leisure and Hospitality Mgt
- Bachelor of Catering and Hotel Mgt
- Bachelor of Traveland Tourism Management

The Faculty is located at Guest House after the MUBS Entreprenuership Innovation and Incubation Center



Dr. Timothy Esemu Dean Faculty of Marketing and Hospitality

### Who is most at risk for blood clots?



Some risk factors put certain people at higher risk for developing a blood clot.

Blood clots become more common as people get older, especially when they are over age 65. Long hospital stays, surgeries and trauma may significantly increase your risk of blood clots.

Other factors can increase your risk to a lesser degree. You might be more at risk if you:

- Take birth control pills or hormone replacement therapy.
- Are pregnant.
- Have cancer, or have been treated for cancer.
- Have a family history of blood clots, or a specific condition, such as Factor V Leiden disease, antiphospholipid syndrome or polycythemia vera, that makes clots more likely.
- Have coronavirus disease 2019 (COVID-19).

Some factors are based on lifestyle choices. Risks might be higher if you:

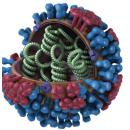
- Are overweight or obese.
- Live a sedentary (or inactive) lifestyle.
- Smoke cigarettes.

### **World Health Organization on Influenza**

Influenza is an acute viral respiratory disease that is often characterized by fever, headache, myalgia, sore throat and cough. Influenza infection is transmitted through respiratory droplets or contact is and clinically

indistinguishable from other respiratory viral diseases without laboratory confirmation.

Human influenza is caused by the influenza viruses which are classified into three main types: influenza A, B and C. Influenza A and B viruses can cause epidemic disease in humans and type C viruses usually cause a mild, coldlike illness. The natural reservoir of





influenza viruses are aquatic birds and influenza can cause disease in a range of mammalian species including pigs, seals and horses.

Influenza viruses can spread rapidly around the world

causing seasonal epidemics that can result in significant morbidity and mortality. In tropical and subtropical regions the existence of seasonal patterns of influenza transmission are unknown and sporadic cases of influenza can occur year-round. Data describing seasonality, epidemiology, transmission patterns and disease burden from human influenza in the African Region is limited.

#### **Health Benefits Of Star Anise**



The most notable health benefits of star anise include its ability

to promote healthy skin, prevent fungal infections, support respiratory health, lower your risk of cancer, stimulate the immune system, optimize digestion, boost circulation, and aid sleep.

#### • Star Anise Benefits for Skin

It helps minimize the appearance of wrinkles, boost skin elasticity, and cover-up old scars and blemishes to keep your skin looking young and vibrant.

#### • Immune System

It is used to treat bacterial infections of the stomach and other body parts for centuries.

#### Respiratory Infections

If you have a cough or a sore throat, or feel the early stirrings of the flu, a cup of anise tea may be able to sort out the inflammation rapidly.

#### Sleep Issues

It can stimulate the release of certain neurotransmitters that induce relaxation and sleep, making this spice valuable for people who have insomnia and regularly interrupted sleep patterns.

#### Hormones

In men, it can provide an energy boost and increase sex drive, whereas, in women, it can regulate menstrual cycles, control mood swings, and other hormone-driven side effects of menstruation.

#### • Fungal Infections

It has been a trusted natural remedy for many fungal infections, including Athlete's foot, ringworm, Candida etc.

### **Jinja Campus Prime Minister takes Oath**



On March 04, 2022, Hon. Gorret Mutesi was sworn in as the Prime Minister elect 2021-2022. Hon. Gorret is pursing a Bachelors of Procurement and supply chain Management and was sworn in as the first female Prime Minister in history of MUBS Jinja campus after she won Mr. Francis Masiwo in a heated election that took place on Jan 6, 2022.

Hon. Mutesi was sworn in alongside her Guild executives and GRC's by the legal advisor Ms. Irene Natamba. She received the instruments of power and office from her predecessor Hon. Mubarak Waiswa who called upon her to uphold MUBS principles and carry on the spirit of leadership.

He thanked the Administration and Management of MUBS Jinja Campus for the support rendered to him throughout all his time in office.

Hon. Mubarak also appreciated the Dean of Students, Mr. Silver Okitwi for all the guidance he extended to the Guild council. The out going Prime Minister Hon. Mubarak Waiswa used the platform to also read out the achievements he and

his cabinet managed to register. "All the best my c o m r a d e , Hon, Waiswa M u b a r a k" congratulated his successor.

Hon. Gorret M u t e s i t h a n k e d students who were present for entrusting her with the

responsibility of leading fellow students. "I will indeed lead you well, with God on my side." Hon. Mutesi said.

She later called upon the administration of MUBS Jinja Campus to support and cooperate with her cabinet. she thanked her cabinet and emphasized team work, discipline and put political affiliations aside in order to serve the students who entrusted them

with power well.

"Thank you MUBS Jinja for believing in me and for upholding the girl-child." Hon. Mutesi noted.

Meanwhile, The Dean of Students at MUBS Jinja campus Mr. Silver Okitwi thanked Hon Mubarak, the outgoing Prime minister for the discipline and leadership he exhibited during his time in office. He called upon the incoming Prime minister to put students' welfare at the front especially academic excellence.

Mr. Silver assured the Incoming Prime minister, Gorret Mutesi that he will always support students leaders.

on the same note, The Director MUBS Jinja campus, Dr Veronica Mukyala was represented by Dr Mosses Kisubi, Head of Department, Accounting and Finance who in his speech pledged full support to the Guild Council and called upon them to always front students' academic welfare.

### Say No to Alcohol and Drug Abuse



### **ADDICTION:**

the disease that
makes you too selfish
to see the havoc you
created or care about
the people whose
lives you have
shattered.

## **Self-organize through Intellectual Leadership - Prof. Moses Muhwezi**

"Read as many books as possible, do research, define yourself and not to operate on information but rather on knowledge. The more information you have, the more it determines how much you can take intellectual leadership and capture the universe"

Prof.Muhwezi



n February 24, 2022, the MUBS Deputy Principal, Prof. Moses Muhwezi visited and addressed staff of MUBS Mbarara Campus. This address was part of his continued schedule for visiting all MUBS Campuses across different regions in the country.

Prof. Moses met the top Campus Management Committee and later the Academic and Administrative staff. During his address, he commended the Leadership and Management for the growth of the Campus and appreciated the efforts made towards land Acquisition and thanked the Academic staff for the job well done.

He congratulated the new Head of Marketing and Management Dr. Viola Mpangwire for being appointed and upon her new position. Prof. Muhwezi urged the staff not to focus on what MUBS is now but to instead focus on their future and the Institution as well.

Prof. Muhwezi urged the

Academic staff to read as many books as possible, do research, define yourself and not to operate on information but rather on knowledge. The more information you have the more it determines how much you can take intellectual leadership and capture the universe; he emphasized.

The Deputy Principal excited the staff when he said that he was among the first five people that fostered the establishment of MUBS from the then Faculty of Commerce - Makerere way back in 1997. And as such, I have all it takes to love MUBS said Prof. Muhwezi

As MUBS, plans are under way to divide and create more departments in Campuses that mirror-up the ones at Main Campus for the growth of Campuses and your careers as well.

Prof. Muhwezi advised the MUBS Mbarara staff to avoid pride because proud people have spoilt the world. As educated people, be humble enough, be mindful of your relationship with students especially when dealing with the opposite sex, and more importantly speak to students with humility.

He advised staff to be patient with certain issues, keep peace with each other, your neighbors, individuals & certain characters. He urged staff to appreciate the nature of our institution, and live within your means. Remember that a University is a terrain of knowledge, divergent views and generally a ground for the clash of ideas.

Prof. Muhwezi also reminded staff about mentorship, its importance that is to say, riding on the shoulders of the Academic Giants in order to be able to see far. He clarified about staff promotions, salaries, teaching and staff development plans, healthy facilities, decentralization of staff loan schemes, procurement of facilities and finally avoiding examination malpractice among others.

### As The Gates Of The New Year Open, Stand Guard At The Door Of **Your Mind**

"My teacher, Jim Rohn, taught me a simple principle -everyday, stand guard at the at the door of your mind and you alone decide what thoughts and beliefs you let into your life; for they will shape whether you feel rich, poor, cursed or blessed."

#### **Tony Robbins**

Guard the gates of your mind. What do you open to and welcome to your mind? The last two years, 2021 and 2022 did not begin normally. The world was in a lockdown imposed by the COVID-19 threat. At beginning of every year, people look ahead and see what they want to achieve in the coming year. They make new resolutions. Of course, these new year resolutions are like party jokes; they don't last long.

But they make them anyway. By the end of January most people have forgotten what they said they wanted to do! This year most people didn't dream much. They wondered, when will COVID-19 end. So, they can get back to full normality.

From the career point of view, many people wondered what to do. Many lost jobs. New Jobs were emerging. What did they have to do in the new year? There is need for resilience and reinvention. There is need to find what is happening in the industry to enable you model your career to the conditions, be able to win and succeed in what you are doing. Despite COVID,

But as a new year begun in

Ms. Maureen Tweyongyere, Director, MUBS Career Skills Development Centre and Member, National Task force on Labor Productivity

one had to think about that. But in all, who do you listen to? What do you take in?

What are these new year resolutions that you made? Who did you listen to? This year comes after two years of sitting home. For most people, death of loved ones, observing Standard Operating Procedures, wearing masks,

sanitizing, steaming and all these things that signified COVID-19.

> Uganda, there was hope that the President would soon reopen the economy fully and that life would return to normal. But slightly before that, the world was hit by the Omicron which was one of the latest COVID-19 variants that affected the world. However, as it turned out, it seems it was a blessing or we vet have to tell whether it was not, but it seems everybody got this virus in the country but it ended up as a mild flu. Many people think that this created the herd immunity

'What you think about is 🖵 what you will be, avoid negative people, avoid negative energy, avoid all things that cause energy leaks and you will succeed in your studies and your career. Positive things are going to enhance your career, they are going to make you move forward."

that the world had been looking for. Today, going around, you will find that many people do not have the masks on, the social distancing has stopped and in terms of the figures of people getting in hospital and death rates, there is nothing

#### Career Guidance

much to write home about. It looks like it's time to move to normality. But what thoughts and beliefs do you have in mind or are you receiving as you commence the new year? Remember your mind is the biggest asset you got. What goes in is what goes out.

Stand guard the door of your mind. This means do not allow negative talk to get into a mind.

Avoid negative people, flash out all negative energy and discipline all your fears. Get to know what you want and if you know what you want, go for it. This is the only way you are going to be able to improve your career by guarding your mind against negative energy.

And as students in the university, how does this fit into your programme. We have new students joining the university. Majority have no exposure to what a university or urban life is and many of them are getting out of the prisons of their homes where the parents kept them.

They are going to be exposed all kinds of "nice" things. Going to the club is a good thing, it is a positive thought. Similarly to using drugs gives a good feeling but the end result of these is disaster and failure on your part. As a student, while going out to dance is a good thing, you must think about its costs. Are you able to balance party and class time? Guard yourself.

What are the consequences of every decision you are taking? But also what and whom influences these decision? There are many young girls who get lured into sexual relationships especially with people who have the money.

Money creates a good feeling so does, love, sex, all these are good things but what are you getting into. It is very important for you as a student to guard your mind

Be the guard of your mind by knowing what you want to achieve, setting goals and if you want to get a good degree you must attend lectures. Not attending lectures may be a good thing but the consequence may not be so good. If you do not attend lectures, if you spend more time on none issues while at the university, you may get involved into things that do not add value to you, you will fail. Be the guard of what you receive, be the guard of what comes into your mind.

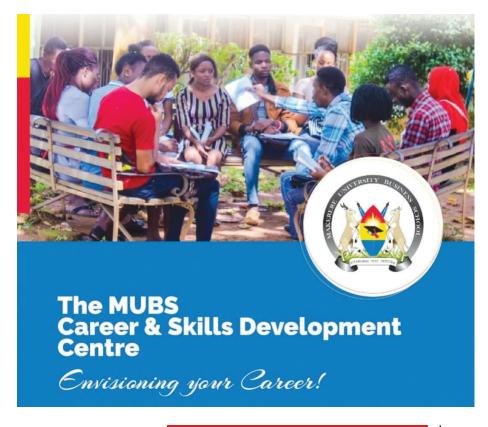
What you think about is what you will be, avoid negative people, avoid negative energy, avoid all things that cause energy leaks and you will succeed in your studies

and your career. Positive things are going to enhance your career, they are going to make you move forward.

"When you are inspired by some great purpose, some extra ordinary projects, all of your thoughts break their bonds, your mind transcends limitations, your consciousness expands in every direction and you find yourself in a new, great and wonderful world.

Dormant forces and talents become alive and you discover yourself to be a greater person than you ever dreamed yourself to be. To live life to the fullest, you must guard the gate of your mind and let only the best information enter."

Robin Sharma.



### **Climate Change, A Catastrophe**

The growing challenge of disposal of plastics worldwide but more so in Uganda is threatening and if nothing is done about it, the country and indeed the world will be in problems of global warming.

Climate Change is not only in Uganda but globally. People are calling it the crisis of our time and indeed it is. People around the world are not suffering from just a crisis but a catastrophe that many are not paying attention to. It is real, it is serious and it is up to us to solve it. Climate change involves not only rising temperatures, but also extreme weather events, rising sea levels, shifting wildlife populations and habitats, and a range of other impacts.

Research shows that in the last two decades the world has experienced 14 of the hottest 15 years on record. This seems overwhelming but there is reason for hope and solutions to this. Makerere University Business School has risen up towards this noble cause and fight to save our country from the catastrophe.

In addition to the three major issues that the School has fronted which are Drug abuse, HIV/AIDS, having unprotected sex and supporting Persons with Disability, MUBS has stood up to champion in the fight against disposal of plastic bottles, polythene bags and wastes.

During all gatherings and events, the Principal Prof. Waswa Balunywa has taken initiative to We all leave in the same planet, share the same resources and breathe the same air. Our motherland is losing her life at a very fast rate, we have to stop this as fast as we can, not only for our lives but for the future of the coming generation. We need to act together and start now."



Ms. Priscilla Lamwaka is a writer as well as a Teaching Assistant in the Department of Leisure and Hospitality Management, MUBS

sensitive and advocate for proper disposal of wastes and plastic bottles. This campaign is intended to create massive awareness about the dangers and effects of these actions onto Mother Nature. Clubs such as the Greenlyf Network have also jumped on board to save the world.

is There an overwhelming scientific consensus that global warming is mostly man-made: climate scientists have come to this conclusion almost unanimously. One of the biggest drivers by far is our burning of fossil fuels such as coal, gas and oil which has increased the concentration of greenhouse gases such as carbon dioxide in our atmosphere. Greenhouse gases are at the highest levels they have ever been over the last 800,000 years. This rapid rise

is a problem because it's changing our climate at a rate that is too fast for living things to adapt to.

That, coupled with other activities such as clearing land for agriculture, manufacturing goods, deforestation, generating power, disposal of plastics, polythene bags and wastes among many other activities is causing the average temperature of our planet to increase. In fact, scientists are as certain of the link between greenhouse gases and global warming as they are of the link between smoking and lung cancer.

The effects of climate change are already being felt, but they will get worse. Our habitant and the green nature is no more, changes in the climate, drought, decrease in the sea levels among other effects are being evidenced. This means

#### Climate Change



Gabbage heap on the shores of lake victoria

Mother Nature is bleeding but society is not feeling her pain.

When you move around our communities, everywhere is littered with polythene bags and plastics, the roads, city centers, villages, trading centers and markets have become major dumping sites. However, if only people can learn proper disposal habits, then we shall be contributing to the solutions towards climate change.

It should also be noted that the effects of climate change will continue to harm all of us and unless governments take action, the climate change effects are likely to be much more pronounced especially in countries and communities that are dependent on agricultural or coastal livelihoods as well as those who are generally already vulnerable, disadvantaged and subject to discrimination.

Let us therefore join in the climate change fight because this is the fight we have to fight together. We all leave in the same planet, share



the same resources and breathe the same air. Our motherland is losing her life at a very fast rate and we have to stop this as fast as we can, not only for our lives but for the future of the coming generation. We need to act together and start now.

The writer is a Teaching Assistant at MUBS in the Department of Leisure and Hospitality Management, Member of Team Output and YPMA.

### Make MUBS Plastic free



From L-R: Mr. Samuel Kusasira, Mr. Iain Patton, Dr.Suzan Watundu, Dr.Johnson Ssekakubo and the GuildPresident H.E. Rogers Kiyega after a disscussion to elimnate plastics and polythene bags at MUBS

MUBS Greenlyf Network welcomed and hosted Iain Patton the CEO EAUC where they discussed total elimination of plastic and polythene bags in MUBS. They also discussed ways on how the promotion of a net zero carbon environment is possible among students and their role in the climate action campaign.

The visit also aimed at establishing partnerships to advance climate change Action in MUBS.



# MUBS She Corporates move to the Top of the Table



MUBS She -Corporates during the match

MUBS She corporates scored two goals inside the closing minutes at the game against the Uganda Christian University Lady Cardinals to stage a stunning comeback and win 2-1. Despite conceding as early as the 12<sup>th</sup> minute, the sharks kept the belief until the closing stages of the game played at the UCU lady Cardinals

grounds Mukono on March 5, 2022. Towering defender Shadia Nankya who plays with power and robust gave the Cardinals (UCU) the lead and they clearly looked destined for victory until their resilience was broken down at the very end by the pressing she corporates who possessed the ball most of the playing time .

### **MUBS French Football Club wins trophy**



MUBS French Club Members pose for a photo with their trophy

In preparation to celebrate the Francophonie day, MUBS French Club participated in friendly football matches against Kyambogo University, Kampala International University (KIU) and Newrest Inflight Services which is a partner to the Club.

The Club emerged victorious with 2-0 goals against Kampala International University, 5-0 against Kyambogo and 2-0 goals against Newrest Inflight Services. They went back home victorious after scooping a trophy. This was done to strengthen the relationship between these Universities and the partner organizations.

### University Football League returns, Good luck Team MUBS

The Pepsi University Football league returns for the first-time post COVID-19 lockdown, as it celebrates its 10<sup>th</sup> anniversary.

Up to 22 universities will vie for the title, with the league organizers confirming several changes for the 10th edition that gets underway on May 5.

Ten years ago, the University Football League started with only six universities, as it marks its first decade, its influence and stature has grown with 22 universities confirming their participation

The league was among several sports activities left in the cold with the outbreak of the Covid-19 pandemic, but will mark its return for the first time after two years.



# Russia Suspended From International Soccer Over Ukraine Invasion, Will Miss World Cup



Russia's Aleksandr Erokhin in action with Cyprus' Grigoris Kastanos, Gazprom Arena, Saint Petersburg, Russia

Russia's National and Club soccer teams were suspended indefinitely from international play by the sport's governing bodies because of the country's invasion of Ukraine.

The ban means that Russia's national team will be blocked from playing in the 2022 World Cup.

Russia had been set to compete soon for one of the slots allocated to European nations in that quadrennial competition, which will be held in Qatar.





### ACADEMIC PROGRAMMES OFFERED

#### **UNDERGRADUATE PROGRAMMES**

- Bachelor of Commerce
- Bachelor of Real Estates Business Management
- 3. Bachelor of Science in Finance
- 4. Bachelor of Science in Accounting
- Bachelor of Human Resource Management
- 6. Bachelor of Leardership and Governance
- 7. Bachelor of Procurement and Supply Chain Management
- 8. Bachelor of Business Statistics
- 9. Bachelor of Transport and logistics Management

- 11. Bachelor of Leisure and Hospitality Management
- 12. Bachelor of International Business
- 13. Bachelor of Catering and Hotel Management
- 14. Bachelor of Science in Maketing
- 15. Bachelor of Travel and Tourism Management
- 16. Bachelor of Entrepreneurship and Small Business Management
- 17. Bachelor of Business Administration
- 18. Bachelor of Business Computing
- 19. Bachelor of Office and Information Management

